Next week is

**Education Week**

**Monday**  
Year 6 Gold Game 9 - 11am in classrooms  
Book fair 8.30 - 9.00am and 3.00 - 4.00pm in the Staff Centre

**Tuesday**  
**Gold for Green Day** All students  
Year 4 planting with Prep Buddies  
Prep Grandparents Morning Tea and English activities  
School Tours for parents of prospective 2013 students  
Book fair 8.30 - 9.00am and 3.00 - 4.00pm in the Staff Centre

**Wednesday**  
Year 1 Inquiry and Literacy session 9 – 11.00am in classrooms  
Year 2 Literacy session, Assembly and picnic lunch 11.30am – 1.00pm  
Parents invited to help Preps plant with Buddies - see your child’s teacher for specific times (9.10am - 2.45pm)  
Year 4 Assembly 12.15 - 12.45pm in Library  
School Tours for parents of prospective 2013 students  
Book fair 8.30 - 9.00am and 3.00 - 4.00pm in the Staff Centre  
Class 3D In the Garden mural completion in Room 5, 9.30 - 10.30am

**Thursday**  
Prep Assembly 9.00am  
Prep Maths session 9 – 9.30am  
Year 2 Cross Country 9 – 9.30am  
Year 2 Maths session, Assembly and picnic lunch 11.30am – 1.00pm  
Year 3 Maths games 9.30 - 10.30am  
Year 5 Maths session 11.30am - 12.30pm  
Year 5 and 6 students Cross Country 9.30 – 11.00am  
Year 3 and 4 students Cross Country 11.30am – 1.00pm  
Year 4 Literacy, Numeracy & ICT activities 9.00 – 11.00am classrooms  
School Tours for parents of prospective 2013 students  
Year 4 Sport 11.30am - 12.15pm  
Book fair 8.30 - 9.00am and 3.00 - 4.00pm in the Staff Centre

**Friday**  
Book fair 8.30 - 9.30am in the Staff Centre

The students and staff hope parents and extended families will visit next week and help us CELEBRATE learning.

Judy
Suggestions from Parents

‘Hat health’ Students sharing their spare hat with a friend could be a factor contributing to the spread of head lice.

Response: I rang the parent and left a message expressing my agreement with their point of view and I asked the parent to remind the school in August in readiness for Hats On Day on September 1.

Suggestion: That a Strings Day be hosted at Mt Martha Primary School.

Response: Great idea and I have emailed the Instrumental teacher with the suggestion.

Suggestion: Increase the time allowed for students to eat their lunch.

Response: Parent phoned to explain that sometimes learning activities into the 15 minutes allocated. Teachers have been reminded to allow the full quarter of an hour and whenever possible a little longer for the ‘slow eaters’.

Suggestion: To add a woollen jumper to the uniform list. Parent offered to arrange samples.

Response: The current list has a number of easy care tops available to choose from. Any changes to the school uniform are decided by a formal motion at School Council after discussion at the Parent and Teacher Association (PTA) meeting. If parents are unable to attend PTA they are welcome to write to the PTA President through the school office and she will raise the discussion at a meeting.

Suggestion: To have a large undercover space for shelter from the weather and a designated space for outdoor fires - everyone loves a fire!

Response: PTA fundraising is saving to provide shelters. As these constructions usually cost more than a year’s fundraising, shelters are a project on the go. Fires are not usually part of the on-site school program and are often included in the outdoor education on camps for students in Year 3 – 6 where the specific requirements are catered for.

Names and contact numbers were provided for each of the suggestions above.

Judy

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RECONNECT

Is your teenager out of control?

Are you feeling frustrated?

Come along and talk to others who
Feel the same, learn how to reclaim
Family respect and RECONNECT with
Your teenager, talk to them so they
Will listen!

RECONNECT are running a 6 week
Parenting program 22nd May-26th June
(10 Keys street Frankston 5.30pm -7.30pm)

Contact: Rachael or Trish
On: (03)9781 0188

Trish Kelly
RECONNECT PROGRAM
10 Keys Street Frankston.
Beleura 1,000,00 Step Challenge

We all know that regular exercise is great for our families, but many of us do not understand the risks associated with an inactive lifestyle, particularly in the earlier years of life. Is your child getting enough?

Decreased exercise in our kids has been linked to reduced physical fitness and well being, as well as weight gain and childhood obesity. According to our government, roughly ‘25% of Australian children are overweight or obese, with the proportion increasing at an alarming rate’. But even more alarming, is the fact that overweight children are 50% more likely to be overweight as adults, and have higher levels of weight-related-illness than those who became overweight in adulthood.

It is becoming increasingly apparent that a major contributing risk factor for osteoporosis and fracture in advancing age, is the strength of our bones after the growing years. Multiple university studies are in agreement that pre-puberty is the most optimal stage to increase our bone health through physical exercise. After considering that for every 5% increase in bone mass, our risk of osteoporotic fracture in later life is reduced by a whopping 20%, it becomes apparent that childhood presents us with a critical timeframe in which we can reduce the risk.

According to the Australian guidelines, all youngsters (5-18yo) should participate in physical activity for at least one hour of moderate intensity exercise daily, and incorporate some sort of activity which enhances muscular strength, flexibility and bone health. Sadly, at current, only 81.5% of boys and 47.6% of girls are currently meeting these recommendations and are therefore could be setting themselves up for illness later in life.


So what can we do to stop this? Beleura Health Solutions has teamed up with MMPS and created the ‘1,000,000 steps’ competition, whereby the students working within class teams, aim to achieve one million step ups within 4 weeks. Sound like a lot? When you do the numbers this equates to 1428 steps each over the month, which is only 50 a day (less than 10 mins). This ‘little bit, often’ approach to activity is exactly how physical training should be approached with kids, because as we all know – kids are highly active in short spurts.

Through this campaign, Beleura Health Solutions hopes to increase awareness of health and fitness, improve motivation for self-improvement and reaching goals, team building within the classroom. There are a number of great classroom and school prizes.

The challenge commences on Wednesday May 30th, stay tuned for more updates in the weekly newsletter.

SKI NEWS

Grade 5 Ski Free is a Board of Alpine Resort Tourism initiative which entitles all Year 5 children to free lift passes during the 2012 season at five Victorian resorts: Mt Hotham, Mt Buller, Falls Creek, Mt Baw Baw and Lake Mountain. Ski season is June 9 – September 30 2012.

Full terms and conditions available at www.visitvictoria.com/skifree-conditions.

DOGS

A friendly reminder not to bring dogs on to the school grounds. If you need to tether your dog to a fence or tree ensure it is well away from children / parents.
-BOOK FAIR-

**Monday 21st May until Friday 25th May.**

Mount Martha PS is hosting a Book Fair. This special event celebrates books and reading where children, parents, teachers and community members can purchase quality books. The Fair will be set up in the Staff Centre and we encourage you to drop in and take a look at what's on offer during the following times:

- **Monday 21st May**
  8.30am till 9.30am and then 3pm till 4pm
- **Tuesday 22nd May**
  8.30am till 9.30am and then 3pm till 4pm
- **Wednesday 23rd May**
  8.30am till 9.30am and then 3pm till 4pm
- **Thursday 24th May**
  8.30am till 9.30am and then 3pm till 4pm
- **Friday 25th May**
  8.30am till 9.30am

A percentage of proceeds from the sales of these books directly contributes to raising funds for the school to purchase many more valuable resources for our children’s literacy pleasure. This is a great opportunity to have a leisurely browse at some of the great books available.

Carolyn Butterworth, Bookclub Coordinator.

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**Gold For Green Day.**

**Tuesday 22nd May 2012.**

To raise awareness of how we can make a difference by changing our actions in relation to the environment.

**WEAR GREEN.**

**WALK OR RIDE TO SCHOOL.**

**BRING A GOLD COIN.**

Parents and friends are welcome to come and join in with writing pledges, planting and by just being green.

Money raised will go towards the construction of the maze in the Sensory Garden, building a planter box and the purchase of a mulberry tree for the study of silkworms.

Remember Go Green.
Physical Education News

SCHOOL CROSS COUNTRY

On Thursday 24th May, we are holding our School Cross Country at school. Students will be running in their age group which is determined by what age they are on December 31st. If they turn 9 on 27th December 2012, they will run in the 9/10 race. If they turn 9 on January 2nd 2013, they will run in the 8yr old race. After the school cross country is over, the top 10 children from each event will be selected to represent our School in the District Cross Country which will be held at Penbank School on Thursday 31st May.

The track directions are as follows: Start next to Gym on track, running around the track, out back gate and down Melrose drive. They then run along Normby onto Glenisla Drive. Up the hill and into the staff carpark back onto the oval to finish or start 2nd or 3rd lap.

Parents are encouraged to attend and support the children as well as offer assistance with certificates and marshalling. The sports leaders will act as ‘Hares’ for each race so the children know the route to follow.

Of course, the weather will determine if we cancel or proceed with the event. I will make that call at 8.45am.

JOGATHON

On Thursday 14th June, the whole school will be involved in the Jogathon. This is a major fundraiser with all the money raised going towards shade shelters and improving our play equipment. All students will receive a tally card to carry around the track for collecting ticks from the teachers at the check points.

Students seek sponsorship from parents, relatives and close friends. Sponsorship can be in the form of a donation per lap or a lump sum. Everyone that raises money from our Jogathon will go into a large raffle to win some amazing brand new sport equipment. Equipment that can be won are a tennis racquet, basketballs, skipping ropes, vortex howlers, a bocce set, AFL footballs, netballs plus a lot more. These will be drawn after the holidays at a special assembly so that all sponsorship money can be collected over the break.

Cameron Sweatman, Physical Education Teacher.

LIBRARY NEWS

Congratulations to a wonderful group of students who have volunteered to help in the Library at lunchtimes: Brian, Liam, Ollie, Lucy, Liana, Emma, Bianca and Dylan. This group has been helping Mrs Harvey and Mr Otte cover the new barcodes with clear contact.

A special thanks goes to our Library Leadership Team, particularly Jackson, Josh, Lachlan and Erin. They have been tireless in their quest to reorganise the Library.

Many thanks to Kerry for helping with checking new barcodes to specific books using our Library Computer.

Great news! We now have our chess sets ready for students to use at lunchtimes. We will trial their use over the coming weeks before considering a tournament. Students simply visit the Library on their designated day and ask the supervising teacher to explain the borrowing process.

Our Library collection is expanding with new books purchased and ready for processing. The new books will be displayed before borrowing proceeds to ensure everyone can check out what is new. We have also placed an order for all the books in the Picture Book, Early Childhood and Younger Readers sections of the Children’s Book of the Year Awards to be announced in August this year.

Enjoy reading for pleasure and to complete research for your projects.

Mr Steph Otte, Library Co-ordinator.

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<tr>
<th>General Reminders: Closing dates for Payment &amp; Permission Notes for extra curricular activities.</th>
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<tr>
<td>Year 5: Camp Tuesday August 28</td>
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<td>Year 6: Camp Tuesday September 4</td>
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Hello MMPS families

**Book Fair 21st May – 25th May** - This special event celebrates books and reading where children, parents, teachers and community members can purchase quality books. The fair will be set up in the Staff Centre and we encourage you to drop in and take a look at what is on offer during the following times.

**Monday/Tuesday/Wednesday/Thursday** – 8.30am-9.30am and then 3pm-4pm.
**Friday** – 8.30am-9.30am.

A percentage of proceeds from the sales of books directly contributes to raising funds for the school to purchase many more valuable resources for our children’s literacy pleasure. This is a great opportunity to have a leisurely browse at some of the great books available.

**Year 3-4 Movie Night** - Friday the 22nd of June - more details to follow in up and coming BBs.

PTA are pleased to say that with the help of the MMPS community we have been able to raise approximately $15500 to date - that is with the Twilight Market, Sausage Sizzle and the Mother’s Day Stall. All money raised goes directly to the sun shelter project for the children’s play areas.

**PTA Meeting** - 7pm Tuesday June 12. Our last meeting for Term 2 - this is an opportunity to be a part of the up and coming events to be held in Term 3 - The Recycle Clothing Night, Footy Day Lunch, Father’s Day Breakfast, the 5/6 Movie Night and the Parents Morning Tea. And No it is not a rumour - we do have lots of laughs and chocolate on the night!

Jaala Mayer – PTA President

**MISSING**

If anybody knows the whereabouts of the our large pitchfork that we use at Working Bees to move mulch could you please contact Hugh O’Brien. The pitchfork is specially made for moving leaf litter and mulch and has about 10 forks (normal pitchfork has 4 forks). Somebody may have found it after a Working Bee or accidentally taken it home. We need it for our Gold for Green Day on May 22.
MOUNT MARTHA PRIMARY SCHOOL
OUT OF SCHOOL HOURS CARE PROGRAM

PUPIL FREE DAY
MONDAY 28TH MAY 2012

COME AND JOIN US FOR
OUR BACKYARD DAY

BRING A PICTURE OF YOUR PET

BRING YOUR OWN MORNING TEA AND LUNCH

BREAKFAST AND AFTERNOON TEA SUPPLIED

COST: $35.00 LESS YOUR CCB%

FOR BOOKINGS AND AN ENROLMENT FORM
CONTACT GILLIAN ON 0407 438858
OPEN FROM 7AM – 6PM

BOOKINGS CLOSE (TOMORROW) 18 MAY AT 6.00PM !!!!!!!
Advertisement charges in the Banksia Bulletin are:

$100 for business card size ad with the text set for the entire school term.

CONTACTS

MT MARTHA PRIMARY SCHOOL

Mt Martha Primary School
Glenisla Dve
Mt Martha 3934
Phone: 5974 2800  Absence Line  5973 7700
Fax: 5974 3634
E-mail: mount.martha.ps@edumail.vic.gov.au
Website: www.mtmarthaps.vic.edu.au
Office Hours 8.30am-4.15pm Monday—Friday

A friendly reminder to families and friends that Melrose Dve. is reserved for STAFF PARKING.

Mt Martha Primary School strives to provide a safe environment for students, staff and visitors. Please alert the office to any hazards.

SCHOOL TERMS 2012

TERM 1   3rd February to 30th March
TERM 2  16th April to 29th June
TERM 3  16th July to 21st September
TERM 4  8th October to 21st December

STIRLING LINGARD TENNIS COACHING
MT MARTHA TENNIS CLUB

Kinda Classes 4-5 years (Free Racket)
Prep Classes 5-7 years (Free Racket), $13 per lesson
Group Classes 8-18 years
Beginners Ladies’ groups am/pm
Extensive Holiday Clinic program running over June/July Holidays

Call 5974 3271 or 0411 082 723

JOHN THE HANDYMAN
(I Take Pride In My Work)
Mature, Reliable & Courteous
Carpentry, Painting, Tiling, Plastering.
24 Years Experience. Reliable & Courteous.
Cheap Rates. No Job too small
Phone 5976 1957 or 0414 243 914.

Open Sky Qi Gong Classes

Gentle movement forms & meditations
Tuesdays & Saturdays 9.15am - 11.15am
$20 per class
19 Melrose Drive Mt Martha (1 min walk from MMPS)
Contact Melissa: 5974 2585 or 0419 589 029
Mention this advert for 1st class free.
www.openskyqigong.com.au

‘Cleaning Divas’
Let us put the sparkle back into your property!
Experienced with Police checks.
Call Penny on 0414 289 353
Thank you to the following businesses for supporting the MMPS Twilight Market

Mt Martha Optical - Kirsty Banfield PH: 5974 4000- eyecare@mtmarthaoptical.com.au
Excel Asphalt - Chris Medlin PH: 0425 759 358 or 1800 101 060 www.excelasphalt.com.au
Gloss Hair Studio – Karen Westcott 0416 054 773.
Open Sky Qi Gong - Melissa Luxford PH: 5974 2585 or Mob:0419 589 029.
Dental Care Mt Eliza - PH: 9787 4439 www.dentalcarenmteliza.com.au
Locker Group PH: 8791 1000 Email: sales.vic@locker.com.au

Please support these businesses who support us.
Thank you to the following businesses for supporting the MMPS Twilight Market

LILOJO Solar - Neil Hughes PH: 0458 357 895 or 1300 558 346. E: neil@lilojo.com
Dr Peter Scott Orthodontist - PH: 9783 4511 - 13 Beach St Frankston.
Warlimont & Nutt Real Estate - Fergus Nutt PH: 5974 1401 E: fergusn@warlimontandnutt.com.au
Next Wave P/L Plumbing & Building - Mark Resuggan Mob: 0414 867 616 PH/Fax: 5974 2474.
Travelscene Mt Martha - Michelle Sauderson PH: 5974 3911.
VIA SOLE PIZZA - PH: 5974 8811 - Shop 3, 59-63 Walara Dve Mt Martha.
BENDIGO COMMUNITY BANK Mt Martha. PH: 5974 4518.