**Bike Education**

You may have seen a “sea of bikes” in our school grounds over the last few weeks. Our Years 4, 5 and 6 students have been participating in the annual Bike Education Program conducted at Mount Martha Primary School. Through the program, students develop confidence in their bike riding skills and learn a great deal about road safety. We encourage our students to ride or stride to school regularly, if this is practical. The benefits of students riding or striding to school are threefold – it is good for students’ fitness, it is beneficial for the environment as it means less transport using cars and it helps alleviate parking congestion at the school at drop off and pick up time.

**Oaks Day Ladies Luncheon**

Well done to our PTA in organising the Oaks Day Ladies Luncheon again this year. The function has been held today and from all accounts has been a tremendous success. We appreciate the many businesses and families that support the event through donations for the auction. It is a terrific opportunity for the ladies in our community to “frock up” and have a fun day. Well done to the organising committee for their great efforts in bringing this very popular event to our community.

**Year 3 Camp**

We wish our Year 3’s all the best for the Somers camp being held from Wednesday to Friday next week. For our Year 3 students, attending their first school camp will no doubt bring much anticipation and excitement. We hope the weather is fine and that all goes smoothly.

**Market Day Friday 8th**

Our Year 6 students are busily preparing for their Market day which is being held tomorrow from 11am to 1pm. A reminder that students at all year levels are invited to participate in free dress with ‘a splash of pink’ on Friday and to bring a gold coin donation to raise money for breast cancer. See further details about the Market day inside this edition of the Banksia Bulletin. If poor weather is a factor we will run most stalls and activities inside so please remember to send your child along with small change to spend at the stalls.

**Remembrance Day – Monday 11th November**

**Remembrance Day** is a memorial day observed in Commonwealth countries since the end of World War I to remember the members of their armed forces who have died in the line of duty. Remembrance Day is observed on 11th November to recall the end of hostilities of World War I on that date in 1918. Hostilities formally ended “at the 11th hour of the 11th day of the 11th month”.

On Monday 11th November we will be observing one minute of silence just prior to 11.00am at school. Two students from Year 6 will represent Mount Martha Primary School by presenting a wreath at the Remembrance Day service held at Memorial Park in Mornington. It is important that we reflect at this time and give our respect for those who gave their lives to provide for the peaceful and wonderful country we live in today.

Pam Anderson, Acting Principal.

“Amazing Adventure” DVD order form & payment due by Friday November 15. Order forms are available at the office.

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**COMING EVENTS**

**NOVEMBER**

- **Monday 11th**
  - S.T.A.M.P Out Bullying whole school Incursion

- **Wed 13th - Fri 15th**
  - Year 3 Somers Camp

- **Thursday 14th**
  - 2014 Prep Family Afternoon Tea 4pm - Amphitheatre & Oval

**DECEMBER**

- **Monday 2nd**
  - Year 5 Camp at Sovereign Hill Ballarat
  - Pre-payment processing for 2014 Student supply packs

- **Tuesday 3rd**
  - Pre-payment processing for 2014 Student supply packs

- **Wednesday 4th**
  - Student Supplies pick up day 8.30am - 4.00pm in Staff Centre
  - 2014 Prep Transition Session 9.15am - 10.30am
  - Uniform Shop open

- **Thursday 12th**
  - Year 4 Celebration - Fish & Chip Lunch

- **Friday 13th**
  - Year 4 CSIRO Incursion

- **Tuesday 17th**
  - Year 6 Graduation Evening

- **Wednesday 18th**
  - Year 2 Walk to Balcombe Estuary & Breakup Party

- **Friday 20th**
  - Last day of Term 4. Students dismissed from classroom at 1.30pm

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**SCHOOL COUNCIL MEETING**

Thursday 14th November 7.00pm in Staff Centre
Mt Martha Bendigo Bank – proudly supporting our school website.

We are pleased to announce that the local Mt Martha branch of the Bendigo Bank have agreed to support our school website with a financial contribution for the whole of 2014. This is a terrific outcome for both parties. The school now only has to pay a negligible amount for what is a very comprehensive website. The Bendigo Bank are excited at the prospect of becoming the sole supporter of the school website. Staff at the bank believe that new families looking to move into the area are often using the internet to gather information about prospective schools. When visiting our school website those “new” families will immediately see that there is a local bank that has a strong relationship with Mt Martha primary school. By clicking on the Bendigo Bank logo those families that are interested in learning more about the bank will be directed to the bank’s website. A big thanks to Greg and Barry at the Bendigo Bank for making this happen. The school community is very appreciative of the Bendigo Bank’s ongoing support.

Skoolbag app for Mt Martha Primary School

We have been using the Skoolbag app since June to notify and remind our school community about changes to scheduled events, bus arrival times, reminders about Special days, deadlines for notices to be returned etc. You can even read the Banksia Bulletin on your hand held device using this app. It is pleasing to see that the numbers of families choosing to utilise the MMPS app continues to grow. We now have had 331 downloads from the itunes store and 27 downloads from the Android store giving us a total of 358 parents/families that are receiving the electronic notifications sent from the school. That is a pleasing result.

Hugh O’Brien
Assistant Principal

Sir Hubert Opperman Challenge.

On Wednesday 30 October, 14 students from Year 6 attended the Bike Education Challenge at Mornington Secondary College. 12 teams competed in a series of challenging bike activities that test the skills of the riders. These ranged from simple balance activities to skills needed on the road such as looking over the shoulder to check for traffic, and signalling to turn right. The day was supported by Sports Ambassadors from Year 7 - 9 from Mornington Secondary College. Lunch was provided by the Mornington Lions Club and prizes donated by Sealy’s Cycles and other various groups to support the day. Mornington Police and Road Safe are responsible for organising and running the day.

Our team consisted of Daniel, Jahlah, Oliver, Flynn, Eliza, Ben, Karl, Misch, Olivia, Phoebe, Sophie, Elsa, Mietta and Jake. These students were chosen as they are regular independent commuters. With two years of Bike Ed behind them the team finished in 3rd place. The team did a wonderful job of supporting each other. It was great to also hear the fantastic feedback from the Mornington Lions group that our students were very gracious and thankful on receiving their lunch.

Mrs O’Connor, Year 6 Teacher.

Mt Martha Primary School will again be supporting the Mt Martha Lion’s Club with their Annual Christmas Raffle. I am sure you have seen the wonderful contribution they make to our community. Coming home to you soon will be a book of five Lion’s Club Raffle Tickets. The tickets are $2.00 each and the school receives 80c out of every $1.00 they receive.

If you require any extra books of tickets please call at the School Office. All tickets sold or unsold need to be returned to the school by Friday 6th December to be eligible for the draw on December 21st.
National Tour

‘Acknowledging Challenges BUT Living the Potential’

2 Events

One Day Open Seminar
3.5 hour Youth Workshop

Understanding the behaviour of ADHD and Learning Disabilities
Managing the behaviour of ADHD and Learning Disabilities

Turning Disengagement into Engagement

Who should attend?

Parents  Carers  Support staff
Disability Workers  Youth Workers  Justice Workers
Drug and Alcohol  Mental Health  Educators
Allied Health  Managers  Service Coordinators

Where

Travelodge Southbank  One Day Open Seminar  $165.00 View Seminar Outline
Cnr Southbank Ave & Riverside Quay  3.5 hour Youth Workshop  $88.00 View Workshop Outline
Southbank  Attend both events  $220.00

Parking is available for $12 per day from hotel reception. (03 8696 9600)

Further details

Seminar outlines, dates and bookings are available through the ‘Workshops and Seminars page’ on our website.

****Please Note: It would be advantageous for those attending the “Youth Workshop” to attend the one day seminar as well.

Kerry Cooney – Author and Founder of “Every Day with ADHD”
Renowned Australasian speaker on Behaviour Management for challenging behaviours
Answering the hard questions
YEAR SIX MARKET IS HERE

Come on and participate in our Year 6 Market tomorrow 11am to 1pm and enjoy our stalls such as Sweet Fix, 21 Colours, Chillax, Sugar Rush and more exciting stalls.

A percentage of our profit is going towards the Breast Cancer Foundation, our Year 6 Graduation activity & a pledge to the school. Remember to bring a gold coin donation so you can wear free dress with a splash of pink.

SO COME ALONG AND JOIN IN THE FUN!!

Beth 6A

Driver Safety Paramount

It has come to the attention of the TravelSmart Coordinator that drivers are not always being mindful of our student cyclists or pedestrians on the roads. Many roads around the schools are built narrowly to slow traffic. They are roads that are also pathways as there are no footpaths for pedestrians or young riders. This requires all drivers to take extreme care with all other road users. As adults and drivers of vehicles in these spaces you should be giving priority to vulnerable road users. This is not a road rule this is courtesy. As a driver you are more likely to cause serious injury to a vulnerable road user. This would be something you will then live with for the rest of your life.

With students walking and riding to school the front of school is quieter and safer. There is less traffic around our streets and pollution decreases. Students independently commuting build relationships with other students and are more active across their day. It is a win win situation.

Please, we are asking all drivers, who have had many years of experience on our roads, to take greater care and support our students who walk and ride. Not all students will follow all the road rules all the time, they are children after all. Be prepared for the unexpected, children don’t always make good decisions under pressure.

And please slow down.

Despi O’Connor
TravelSmart Coordinator
Dear Parents/Carers,

KidsMatter Primary is an Australian initiative for primary schools that provides a framework, resources and support to identify and implement strategies to improve the mental health and wellbeing of students. The KidsMatter whole school approach assists schools to be the best possible places to nurture and support the wellbeing and academic achievement of all students. At the start of this year Mt Martha Primary School joined the large number of schools Australia wide that have taken on the initiative. We are very excited about our school's progress so far.

If you would like to find out more information about KidsMatter Primary, visit the website at www.kidsmatterprimary.edu.au or subscribe to the KidsMatter newsletter for families at www.kidsmatter.edu.au/families/enewsletter, to receive regular updates about the initiative.

Early next year a survey will be made available to parents to assist us with identifying the needs of the students at our school, so that we can best formulate programs to address those needs.

The KidsMatter team at MMPS has purchased a wide range of books and resources to support the social and emotional development of our students. If parents would like to borrow books that teach social skills including resilience, confidence, cooperation or books that deal with loss or family separation issues, please see your child’s teacher and they can arrange for you to locate the appropriate resources.

If parents or carers have any further questions about KidsMatter please don’t hesitate to contact me at the school.

Kind regards,

Karen Marsh.

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Children With Type 1 Diabetes - Are You Challenged by Your Child’s Diabetes?

Research into parenting children with type 1 diabetes.

The University of Queensland is conducting research into parenting children with type 1 diabetes. Parenting a child with diabetes presents many challenges (everything from the regular blood glucose monitoring and insulin intake, to more general parenting tasks). The aim of this study is to understand the factors that make the management of childhood diabetes particularly difficult, and to use this information to develop strategies that might assist parents in managing their child’s diabetes.

If you are a parent of a 2 to 10-year-old child with type 1 diabetes, we would love to hear from you!

By sharing your experiences (confidentially), you will be making a valuable contribution to the development of much-needed childhood diabetes management strategies for parents.

To complete the online survey, please log on to: https://exp.psy.uq.edu.au/type1diabetes

For further information about the project or to request a survey to be posted to you, please email Aditi Lohan (aditi.lohan@uqconnect.edu.au) or call (07 3365 7689) at the Parenting and Family Support Centre in the School of Psychology at the University of Queensland, St Lucia QLD 4072 (Fax: 07 3365 6724).

Thank you for your time and participation.

Aditi Lohan, Alina Morawska, and Amy Mitchell, UQ Parenting and Family Support Centre.
Family Maths Problems

Here are some ways you can enjoy Maths with your family.

**Long arms**

**You will need**
- Wool or string or streamers
- Scissors
- Paste or Blu-tack
- Paper and pencil

**What to do**
1. Who has the longest arms in your family?
2. Ask each of your family to sit down so you can reach to measure their arms. Start measuring from the top of the shoulder, and at the tips or the fingers.
3. It may be easier if you ask the person being measured to hold the piece of wool or string tight against their shoulder while you stretch it out and cut it.
4. Save this piece of wool or string each time, so you have a piece for each person. Then ask someone to help you measure your own arm and hand.
5. Now you have a length of wool for each person.
6. Line their pieces up on the floor and put them in order form the shortest to the longest.
7. Then paste them or stick them with Blu-tack along a strip of paper in the same order so that they all hang down. Make sure they all start level across the top. Leave room on the paper to write the name or initial of each person near their measurement. Hang your Long arms chart up on a wall or door. Draw what your chart looked like.

**Moneybox**

**You will need**
- money box
- coins

**What to do**
1. If you don't have a moneybox, you can use a purse.
2. Put the money into groups; for example, put all the 5c coins together.
3. Guess how much money is in each group.
4. Count each group.

How much all together? Share the money evenly between each family member. How much would each person get?

**Mystery bag**

**You will need**
- a bag
- 8 objects: 4 of 1 colour and 4 of another colour (could be counters, socks, marbles, pegs, pencils, crayons). It is important that the objects are roughly the same size.

**What to do**
1. Begin by putting 4 of your objects in the bag – 2 of each colour.
2. If you were to put your hand in without looking and pull out one object, what is the chance of pulling one colour rather that the other?
3. If you leave that object out so that only 3 are left, what is the chance of pulling out the same colour? the other colour?

Repeat with 6 and 8 objects. What are the chances of a particular colour coming out if there are 7 objects? or 5 objects?

Donna Gadsby, Maths Curriculum Leader.
Do you need an idea for a Christmas gift or do you desperately need updated family photos? – PTA are holding a photo **Portrait Day Saturday 30th November** at the Briars. Notices and fliers have been sent home with order forms – **please have your order in by Friday 15th November** to secure your time spot for the day. The company Aver & Line offer professional family and individual portraits. Please check out their website to get a taste of what they can do [www.averandline.com.au](http://www.averandline.com.au)

Let's start summer off with something cool – ‘Zooper Dooper’ Day – **Friday 6th December** – order forms will be coming home closer to the date.

**Oak’s Day** – A big thank you to the three lovely MMPS mums who took this event on - Anthea Argent, Vicki Barber and Michelle Lawrence. Without your enthusiasm, energy and determination this event would not have gone ahead this year.

Thank you to the Mt Martha community and MMPS families and businesses who generously donated items for the Oakes Day auctions and raffles. Your support is amazing!

‘Carnivalé Spectacular’ – **Friday 21st March 2014** – we have started to organise this wonderful MMPS school event – Rides, show bags, cake stall, magic shows, food, drinks, activities – beauty booth, ice cream making, chocolate game and more !!!!!!!! This event does not run by itself and we have a dedicated Carnivalé Committee and we need your help – please fill out the slip below and return to the school by Friday 13th December. **Without your support we will not be able to hold this event** – remember ‘many hands make light work’!

Jaala Mayer, PTA President.

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Yes I can help on the Carnivalé Committee.

Name: …………………………………………………………………...

Contact Number: ……………………………………………………….

Email: ………………………………………………………………………...
Mt Martha Primary School
Glenisla Dve
Mount Martha, 3934
Phone: 5974 2800 Fax: 5974 3634
Absence Line 5973 7700 or visit the school website
E-mail: mount.martha.ps@edumail.vic.gov.au
Website: www.mtmarthaps.vic.edu.au
Office Hours 8.30am-4.15pm Monday—Friday

A friendly reminder to families and friends that Melrose Dve. is reserved for STAFF PARKING. Use Eco Park or Glenisla Dve.

Mt Martha Primary School strives to provide a safe environment for students, staff and visitors. Please alert the office to any hazards.

CONTACTS

OSHCP: 0407 438 858
Uniform Shop: 1800 337 396
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