Student Led Conferences on Tuesday June 24 (Pupil Free Day)
Student Led conferences will be conducted for all students on Tuesday June 24. Bookings can be made on line from Monday 16 June at 8am onwards. Bookings will close at 2pm on Monday 23 June. After that deadline you will need to contact the teacher directly to arrange a time for the conference. The Office Administration staff will not be able to assist you with this matter as they will be unaware of the availability of individual teachers.

Please visit the MMPS website http://www.mtpmhps.vic.edu.au/ and click on the Student Led Conferences link found on the home page. Use the password you have been given to access the system. Passwords will be sent home with the eldest child from each family this Friday 13 June. If you do not receive a password you should ring Hugh O’Brien on 5974 2800. Once you have accessed the PTO site you will be able to view the available timeslots for the teacher/s you need to make an appointment with.

PTO gives parents a full picture of time slots available for all of their children’s teachers. Security of information is maintained by password protected access for parents or guardians approved by the school. Parents can only see details for their own children. This Parent Teacher Interview software allows parents or guardians to log on 24/7 and arrange their interviews with teachers from the comfort of their own home, library or anywhere that provides internet access. Mount Martha Primary School will provide school laptops in the Administration/Reception area during the booking period for parents unable to access the web from any of the above listed locations.

Because we are using an online service for the booking of these meetings we will disclose the student’s name, parents name and teacher’s name to the service provider. The information will be provided to the service provider in an encrypted and secure manner, and will only be used to arrange the booking of these student/parent/teacher meetings. If you have any queries about this matter please feel free to contact Hugh O’Brien on 5974 2800.

Planning Week at MMPS
In the week commencing Monday 16 June our staff will participate in Planning meetings in preparation for Term 3. During Planning Week our usual timetable for Specialists Programs is suspended. Students still enjoy a Specialist program but these sessions all occur on one day of the week (see below) rather than being timetabled throughout the week. Please take note of which day your children have their Planning Day as this may require you to consider the proper footwear for Physical Education. Not all classes do every Specialist class as a number of Casual Relief Teacher (CRT) are used to support the specialist class as a number of Casual Relief Teacher (CRT) are used to support Planning days as well.

Monday 16 June – Year 2 and Year 6 Planning Day
Tuesday 17 June – Year 1 and Year 5 Planning Day
Wednesday 18 June – Year 3 and 4 Planning Day
Thursday 19 June – Prep Planning Day

Hoping this information proves to be useful in selecting footwear on these particular days. Thanks for your cooperation.

Hugh O’Brien, Assistant Principal.

“How to recognise Anxiety in Children”
Our School Council is proud to present a community forum on the above area of interest. All parents are welcome to attend. The Australian Psychological Society (APS) reports that approximately one in five young Australians are likely to suffer from mental health problems. Unfortunately, only a third of young people experiencing mental health problems are in contact with a professional support service. This workshop is aimed at assisting parents to understand anxiety, recognise anxiety in their children and to provide some practical actions that parents can take to assist their children who may be suffering from anxiety.

This workshop information session for our school community will be presented by Brodie Sheehan (Psychologist B.App. Sci (Honours), M.Psych., MAPS) who is currently Assistant Manager of OnPsych (a mental health service provider).

Date: Monday 16 June  Time: 7.00pm  Location: Staff Centre  Duration: Approximately 1.5 hours
Thank you to all families who Read More in May and congratulations to class and Year level winners.

Come and see the Writing on the Wall!

During the next few weeks, your children or class teachers may ask you to get involved in a writing project where real life writing becomes an important part of our literacy program. We will be looking at and displaying writing from our community, so please take the opportunity to walk around the school and see the types of writing that parents, friends and relatives have shared with us.

Julie Moncrieff, Literacy Coordinator.
Have you logged on to complete our survey?

A big thank you to those parents and carers who have already completed the KidsMatter Survey!

Your responses and comments will provide valuable information for our team, in working to improve student mental health and wellbeing at Mt Martha Primary School.

The availability of the KidsMatter Parent Survey has been extended to Friday 20th June. Paper-based surveys are also available from the office as required. You can access the survey at:

www.kidsmatter.edu.au/primary/parentsurvey

To select our school you will need to type in:

Mount Martha Primary School, MOUNT MARTHA, VIC

A direct link is also available on the Mount Martha Primary School website home page. Please make the time to complete the survey and share your ideas.

Thank you for your support,

Karen Marsh and the KidsMatter Team.

Park & Stride

Mt Martha Primary School has two Park & Stride locations. One is Mt Martha House on the corner of Dominion Road and Esplanade, the second is at Kinross Street shops located off the bottom end of Somerset Drive. Both these locations offer ample parking and are a great way to allow kids to walk part way to school with the added benefit of reducing the amount of traffic outside the school. It takes only 9 minutes to walk from Mt Martha House to school!

Recent research from the University of South Australia has shown that more than 80% of Australian children fail to get one hour of exercise each day, ranking them among the least active in the world. The Report’s lead author Dr Schranz says that parents are falling into the "trap" of believing that organised sport is enough to keep children healthy. It is in fact incidental activity that assists in maintaining fitness that has fallen so far behind. That is activities like walking to school!

So with the aim of making our kids healthier, reducing traffic outside the school and helping the environment we are launching...

TRAVELSMART TUESDAYS!

For every Tuesday starting from 17th June lets walk, scooter and cycle (please ensure all children are safety compliant) to school! Using Mt Martha House and Kinross St shops as a base if you need to drive part way. Meet other families, friends and kids at these locations to travel together to school.

If Tuesday doesn’t suit choose another day that is your families “Walk to School Day”. Make the time for this very important lifestyle change!

"Far too many kids are being driven to school and spend most of their time sitting when they get there. There is nothing inherent in children that makes them sedentary which makes this very worrisome." Associate Professor Trevor Shilton of the Heart Foundation.

The Age 21/5/2014.

Jemma McInerney, TravelSmart Committee.
First Aid News

Head Lice

It seems that head lice are around in high proportions at present. To help break the cycle please check your child's hair for live eggs or lice and treat if appropriate this weekend.

There are two choices of treatment:

**Chemical**: Treat and comb with a head lice comb to remove the head lice and eggs; and repeat in 7 days.

**Non-chemical**: Use conditioner and comb with a head lice comb to remove the head lice and eggs and repeat every 2 days until no live lice have been found for 10 days.

As another line of defence, please ensure that all hair that is shoulder length or longer is tied back as per the School Uniform Policy. Head lice cannot fly or jump and only spread by hair to hair contact.

Head lice take 14 – 17 days to mature so if you continue to comb each week you will remove the lice before they are able to lay more eggs and thus break the cycle.

It will help if we all work together on this problem. If you have any further questions, please do not hesitate to contact me in the First Aid room from 10.45am to 2.15pm on 5974 2800.

Thanks for your co-operation.

Lorraine Stuart
First Aid Officer

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**Remember when you believed in anything and everything?**

Researchers from the University of Western Australia are investigating children’s ability to detect and avoid potentially harmful social interactions, such as being easily fooled or tricked into doing something. We are looking to see how this develops in children, and when children outgrow this vulnerability.

We are looking for parents of Kindergarten – Year 6 children across Australia to complete an online survey (15 – 20 minutes). Participants will go into a draw to win one of ten $50 gift certificates to Coles/Myers.
To participate go to:

[http://tinyurl.com/childsvq](http://tinyurl.com/childsvq)

Or for more information please contact Rebecca Seward at (08) 6488 4652

Please note: This is an ongoing study so if you have previously completed the questionnaires we kindly ask that you do not complete them again.

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If you have any succulents at home that need pruning we would appreciate any cuttings to be sent in to Mrs Spiridis any time before Gold For Green Day Friday 20 June.
Term 2 Events -

**The Scout Raffle Ticket Books - This one is easy** - MMPS families have the opportunity to win some fantastic prizes whilst supporting our school and the Scout organisation. Raffle ticket books were sent home on Tuesday 10 June - please sell as many tickets as you can and return the raffle ticket stubs together with the money to the school by Friday 8 August. All ticket books must be returned to the school by Friday 8 August regardless of whether tickets have been sold or not. Remember with each ticket sold MMPS receives $1.50 which will be used to improve facilities for our children.

**Prep, Year 1, Year 2 and Year 3s - It’s Movie Night this Friday 13 June,** so put your PJ’s or Onesie on and rug up with a sleeping bag and pillow to beat the cold! - munch on some popcorn for a giant Movie Night! There will be limited bags of Fairy Floss for sale for $3 so first in best dressed! Arrival from 6pm (please remember to bring your fluro green or orange ticket with you to gain entry) as movie will start promptly at 6.30pm. Pick Up Time: 8.10pm - please wait outside the Gymnasium or Staff Centre until the movie has finished and the teachers have organised the children. Your child can then be collected from their class groups inside. Please DO NOT be late - as previous years have seen children worried and at times upset. Parents, when dropping off and picking up your children, please use the crossing and perhaps bring a torch if parking in the Eco Park.

**Term 3 is full of some wonderful events - here is a sneak peak of a few -**

**Dads/Mums - we all need an excuse to have a night out and what better one than a fundraising/social event for MMPS.** We are planning a Movie Night - starting with drinks/nibbles and catch up time, followed by a movie on Friday 8 August at 7.30pm. Get a few friends together or come on your own - you will definitely know someone. More details to follow!

Our next meeting is to be held on Wednesday 6 August at 7.00pm in the Staff Centre. We will be discussing and finalising details for the up and coming events in Term 3 and 4 - Parents Movie Night, Hot (warm) Chocolate and Marshmallow Day, Movie Night, Father’s Day Breakfast and more. We would love to see you there. At last week’s meeting we had 7 parents and 7 teachers. This means 7 parents out of over 1400 parents at the school. We want to continue to make the facilities at Mount Martha Primary School outstanding, as well as enhancing the rich community environment for you and your children, but we can’t do this without your SUPPORT.

Jane Mogensen, PTA President.
MT MARTHA PRIMARY SCHOOL

OUT OF SCHOOL HOURS CARE PROGRAM

Student Led conferences - PUPIL FREE DAY

TUESDAY 24TH JUNE 2014

COME IN AND JOIN US FOR OUR CRAFT AND GAMES DAY!

NB: You can collect your child/ren from the Library and attend the Student Led conference and then return your child/ren to us!

CHOOSE FROM A GREAT VARIETY OF CRAFTS AND MAKE SOME OF YOUR OWN GAMES!

COST: $40.00 PER CHILD(LESS CCB%/CCR)

CONTACT: GILLIAN ON 0407 438858 FOR BOOKINGS AND AN ENROLMENT FORM

HOURS: 7.00AM TO 6.00PM

CHILDREN ARE TO BRING THEIR OWN MORNING TEA AND LUNCH

BREAKFAST AND AFTERNOON TEA ARE SUPPLIED

BOOKINGS CLOSE ON TUESDAY 17th JUNE!!!!
Mt Martha Primary School is having a Working Bee in Term 2 and we need YOU please!

Date: Saturday 14 June 2014

Time: 9am – 12pm.

Location: Mt Martha Primary School Grounds

Jobs to be completed:

“In the Garden Project” – we want to continue to refine this area of our school grounds. There will be general pruning and mulching tasks in the garden and around the school. General tidy up tasks – around the school grounds. There will be other tasks to complete as well.

Bring your secateurs and small pruning saw to assist with above tasks

All children must be accompanied by an adult.

Morning tea and drinks provided.

Please complete this attached slip and return to the office so we can plan and organise the tasks on the day. If you can only make it for an hour it would be appreciated. If you can bring along useful other tools like a wheelbarrow, spade, Pitchfork (for mulch), shovel, gloves etc that would also be very beneficial.

Yes, I am able to help out on Saturday June 14 at the school Working Bee.

My name is _____________________________ and my child/ren’s names are _____________________________

Please return to the office as soon as possible.

Hope to see you there! From the MMPS Facilities Committee members
Hello everyone,

Here is a little background information about this whole school activity.

We hold this day every year to raise awareness of how we can make a difference by changing our actions in relation to the environment.

Our Prep Forest is in its fifth year and it’s hard to imagine the oval bank just covered in grass as it was in 2010.

This event is affiliated with Planet Ark’s Schools Tree Day. Schools are allowed to hold events on any day in the year. Our day’s results are recorded and count towards the national tally. We aim to plant 700 various types of vegetation across the school on the day.

Here are some of the things we plan to do

**Whole school activities.**

Everyone to bring a Gold coin donation. (This goes towards the purchase of plants for our grounds.)

Everyone to wear green and bring a rubbish free lunch.

Try to go without heating, lighting for the day. (Could be tricky in June)

**Some of the Year Level Activities.**

**Prep:** Planting with Bunnings in the Prep Forest. Buddies to assist.

**Year One:** Planting around their classrooms. Native plants.

**Year Two:** Upcycling- Planting succulents in boxes in sensory garden and in old gumboots for their classrooms.

**Year Three:** Planting on Melrose bank and in Melrose Gardens.

**Year Fours:** Assisting Prep Buddies plant out the bank.

**Year Fives:** Assisting their buddies.

**Year Six:** Planting out and tidying the front of the school and the area near their playground.

So remember to bring Gold for Green!
Dr Michael Carr-Gregg
Michael is one of Australia’s highest profile psychologists. He works in private practice specialising in adolescent parenting and adolescent health and is passionate about delivering national and international evidence-based psychology workshops and seminars that makes a difference to health and wellbeing of young people.

Professor Jane Fisher
Jane Fisher heads Monash University’s Women’s Mental Health research program at the Jean Hailes Research Unit in the School of Public Health and Preventative Medicine. Jane has a longstanding interest in the links between women’s reproductive health and mental health from adolescence to mid-life; in particular related to fertility, conception, pregnancy, birth and the postpartum period.

Associate Professor Felice Jacka
From Deakin University, Felice is at the forefront of ground-breaking work looking at the link between mental illness in children, adolescents and adults and their lifestyle choices including diet, exercise and smoking. Her recent compelling and globally recognised research highlights the association between diet quality and the common mental disorders, depression and anxiety in children, adolescents and adults.

WHEN: Wednesday 25 June 2014 | 6:30pm – 9:30pm
WHERE: Mornington Secondary College Performing Arts Centre, Nepean Highway Mornington (Melway reference Map 104 J10)
PRESENTED BY: Mornington Rotary in conjunction with Australian Rotary Health
Complimentary catering and refreshments will be served from 6pm
FREE COMMUNITY FORUM - ALL WELCOME

Please RSVP to Alan 5983 8142 or email smorgan@fmpml.org.au
COMMUNITY NOTICES

CAMP AUSTRALIA - Choose your fun these holidays! When: Come for a day, everyday or anything in between. Where: At Mt Martha Primary School - RSVP: www.campaustralia.com.au/holidayclubs or call us on 1300 105 343.

Farmers’ Market Mornington Park, Schnapper Point Drive. Next market Saturday 14 June from 8.30am - 1pm then the second Saturday of every month. $2 entry for adults, FREE for kids! Funds raised support local community groups and keep the market running. This market is a not for profit project.

Mornington Peninsula Shire - Youth Services - July School Holiday Activities. Excursion Bookings are essential! Consent forms required for all activities. Please book online at: www.mpys.com.au Enquiries Phone: 5950 1666. Applications open between Friday 6th June @ 9am - Monday 16th June @ 5pm. Places for excursions are strictly limited and will be confirmed upon availability. See flyer on Gym Foyer windows.

BERG Working Bee (Balcombe Estuary Reserves Group Inc) is having a Working Bee this Sunday 15th June at 9am to 12pm. Meet at the parking area by the Rotunda, end of Mirang Ave (Mel Ref 144 K11). We shall be working on the foreshore starting from South Beach car park. Come for the whole morning or just an hour or so. This Sunday we will be planting to enhance the diversity of the indigenous foreshore vegetation. Long pants and sturdy shoes/ boots / gum boots essential.

Any queries, ring John Inchley on 0488 498 462 or Jenny Selby on 0432 719 288.

Point Nepean National Park Free Winter School Holiday Fun! Ocean Winter Games 1st, 3rd, 8th & 10th July at 10am - 11.15am. Military Mysteries 1st, 3rd, 8th & 10th July at 1.30pm - 2.45pm. There’s also Fort Nepean & Quarantine Station self-guided kids discovery trail. All children must be accompanied by an adult. Bookings are essential - www.juniorrangers.com.au Bookings open June 23.

CONTACTS

Mt Martha Primary School
Glenisla Dve
Mount Martha 3934
Phone: 5974 2800   Fax: 5974 3634
Absence Line 5973 7700 or visit the school website
E-mail: mount.martha.ps@edumail.vic.gov.au
Website: www.mtmarthaps.vic.edu.au
Office Hours 8.30am-4.15pm Monday - Friday

OSHC: 0407 438 858
Uniform Shop: 1800 337 396
Tuesdays: 8.45am–9.45am
Thursdays: 3.00pm–4.00pm
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PSW Frankston
21 Playne St, Frankston
(03) 9769 6510
Shop Hours Sun & Mon Closed. Tue to Fri 8.30am-4.30pm
& Sat 9am - 2.30pm.

SCHOOL TERMS 2014

TERM 1  30th January to 4th April
TERM 2  22nd April to 27th June
TERM 3  14th July to 19th September
TERM 4  6th October to 19th December

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Prep Classes 5-7 years (Free Racket), $14 per lesson
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Call 5974 3271 or 0411 082 723

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sublime-wellbeing@bigpond.com

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**Mount Marth Medical Centre**

1/4 Langrigg Ave, Mt Martha
PH: 5974 8700 FAX: 8679 6554

Practice Hours Monday - Friday 9am - 5pm
Saturday - Sunday Closed
Public Holidays - Closed

This surgery is a mixed-billing clinic. Patients are privately billed unless they have a Pension Card, Health Care Card or are children under the age of 16, in which case they will be Bulk Billed.