Term 4 is well underway at Mount Martha Primary School with a wide range of learning experiences and challenges ahead. I have been very impressed with the way the students have returned to their school routines both in and outside the classroom. Next week some of our Year 1 Grades are commencing the Year 1 series of excursions to the Museum. With a unit of study on Dinosaurs underway they are sure to enjoy the experience!

The PTA and school are offering some great opportunities for parents this term including the Family Life Parent Information Session and Billy Cart Night. Dates and times are in the “Coming Events” column. I hope to see you there.

2015 Prep Transition: This term we have a program of transition activities for our 2015 Prep students. Last Tuesday 14th October we held a very successful Prep Information Evening for parents of our 2015 Preps providing valuable information about Mount Martha Primary School and strategies for a successful start to school next year. There are three more transition visits planned on Thursday 20th November, Wednesday 26th November and Wednesday 3rd December. All sessions are held at the school with our 2015 Preps participating in a range of classroom activities.

Japanese Day: A reminder that tomorrow is our whole school Japanese Day. More details are provided later in the newsletter. Parents are welcome to attend any of the events. It promises to be a fun day!

Bike Education: Bike Education for students in Grades 4, 5 and 6 has commenced with students submitting their bikes for a Road Worthiness check. The program educates students about the essential elements of a “safe” bicycle before practising skills to become a safe rider. Thanks to the teachers and parents who are assisting in delivering this most worthwhile program.

Whole School Assembly: Our first whole school assembly for the term is next Wednesday 22nd October. Hope to see you there.

Martin Page
Principal

Dear Parent/Carer

We know that students achieve their best at school in safe and supportive environments, where they are free from bullying and disruptive behaviour.

At our school we put a big emphasis on making sure we provide a great environment for our students – one that promotes tolerance and is inclusive, harmonious and free from bullying.

Bullying is a serious issue for all of us. We know that it can happen anywhere, anytime, and can have devastating consequences. We also know that with the rise of social media, cyberbullying is an increasingly important issue. Where bullying was once confined to the playground, it can now occur online at any time of the day or night.

The best way to tackle bullying and cyberbullying is for schools, students and parents to work together.

The Bully Stoppers campaign has just launched a new series of tools and resources to help parents and students deal with cyberbullying.

These resources, part of Bully Stoppers: Speak Up Against Cyberbullying campaign, are available on the Bully Stoppers website, at www.education.vic.gov.au/bullystoppers

I encourage you to learn more by visiting the website and sharing the commitment to stop bullying and cyberbullying in our school and local community.

Hugh O’Brien
Assistant Principal
Our English focus for Term 4 is Reading, with teachers recently undertaking an audit of the planning tools and teaching and learning resources that we are using across the school. An independent audit that was taken on-line looked at our processes and practises, indicating that we are well on track to empower our students with the necessary reading skills to make them life-long readers. It also gave us some meaningful and practical advice on further initiatives to move us further in our reading journey. There is no doubt that linking home and school can facilitate this journey and is a priority at MMPS.

When parents get involved in their children’s learning, they have a positive influence on their children’s success throughout the school years.

It is timely to offer the following ideas to assist parents in increasing their child’s interest, motivation and skill level in reading.

- Provide a good role model — read yourself and read often to your child. Don’t stop reading to your child when they have learnt to read.
- Talk to them about what you are reading. Share with them the wonder of books.
- If you can admit that you do not read as often as you should, set yourself a goal and find books that motivate and interest you. Let children know that reading can also be magazines, newspapers, etc.
- Set expectations for your children. Let them know that they are expected to achieve and to do this they need to practice reading.
- Provide varied reading material — some for reading enjoyment and some with information about hobbies and interests.
- Encourage activities that require reading — for example, cooking (reading a recipe), constructing a kite (reading directions), or identifying an interesting bird’s nest or a shell collected at the beach (using a reference book).
- Establish a reading time, even if it is only ten minutes a day.
- Write notes to your school-age child; encourage written responses.
- Ask your child to bring a library book home to read to a younger sibling.
- Establish one evening a week for reading (instead of television viewing).
- Encourage your child in all reading efforts.

**Introducing the new Literacy Pro Reading Program**

MMPS has been using the Scholastic Lexiles Reading Program for some time with students in Years 3 - 6. This program tests comprehension skills and assigns a reading level to each child, taking into consideration their reading ability. Books are then recommended that are suitable and will be at the appropriate level of difficulty for each child. This individualised program also allows for on-going comprehension assessment by providing quizzes that the children complete when a book has been read. The up-graded Literacy Pro Program provides children even more quizzes and provides teachers with more data to monitor each child’s progress. Stay tuned for more information about how parents can assist children to access these quizzes from home. Further information about this new initiative can be found by scanning and following the link on this QR code.

**News!!**

We have noticed that over the holidays the Little Free Library has been used so much that there appears to be a shortage of children’s books! Just a reminder to borrow and please return when you have read the books. Anyone needing to re-home books after a Spring clean? Donate books by leaving them at the school office.
October is “Walk to School” Month

The MMPS Travel Smart Committee is passionate about improving the safety of our drop off and pick up zones for our school community. October is “Walk to School” month and we are asking MMPS families to try leaving the car at home in favour of riding, scooting or walking to school.

You may have noticed the colourful bunting outside the school. This has also been placed at Mt Martha House and Kinross St / Walara Dr car parks to bring attention to our Walk to School campaign. Signs will shortly be placed to encourage you to stop before school and Parkn’Stride! It only takes an extra 10 minutes to allow your children the experience of beginning the day in a positive, healthy way! There will be a coffee van at Mt Martha House this Friday from 8am - 9am, so come and purchase a coffee and walk to school!

To learn more visit [www.walktoschool.vic.gov.au](http://www.walktoschool.vic.gov.au) or download the Walk to School App or visit the Facebook page to get involved!

**Travelsmart Committee**
This Friday, Mt Martha Primary School will again stage a whole school Japanese Day. Throughout the day, students will take part in cultural, art/craft and sporting activities to celebrate the learning of Languages.

After a whole school assembly, all classes will complete art/craft activities and a sports carnival later in the day. Students are encouraged to wear Japanese-style or Indonesian-style dress in the morning or dress in red/white according to their tabloid sports team. Once again, teams will compete for the honour of claiming the Japanese Day trophy for the next year.

Parents are welcome to attend any of the events during the day. Those who would like to make or buy sushi etc and eat lunch with their child are also welcome to do so.

Bill Nickeas, LOTE Teacher.
JAPANESE DAY 2014
MT MARTHA PRIMARY SCHOOL

FRIDAY, 17TH OCTOBER
(SPECIALIST TIMETABLE Week 2)
9:00-9:30 Assembly  9:30-11:00 Art/craft activities

<table>
<thead>
<tr>
<th>Years Prep-2</th>
<th>Activity</th>
<th>9:30-10:15</th>
<th>Years 3-6</th>
<th>Activity</th>
<th>9:30-10:15</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mrs Cartwright</td>
<td>Tanuki (Raccoon)</td>
<td>0A</td>
<td>Mr Antoniou</td>
<td>Popcorn art &amp; Ball &amp; cup game</td>
<td>3A</td>
</tr>
<tr>
<td>Ms Henderson</td>
<td></td>
<td>0B</td>
<td>Mrs Paterson</td>
<td></td>
<td>3B</td>
</tr>
<tr>
<td>Mrs O’Brien</td>
<td></td>
<td>0C</td>
<td>Ms Doye</td>
<td></td>
<td>3C</td>
</tr>
<tr>
<td>Miss McKillop</td>
<td></td>
<td>0D</td>
<td>Mrs Kohlman</td>
<td></td>
<td>3D</td>
</tr>
<tr>
<td>Mrs Forward*/Moncrieff</td>
<td></td>
<td>0E</td>
<td>Ms Reardon</td>
<td></td>
<td>3E</td>
</tr>
<tr>
<td>Mrs Allison</td>
<td>Shape Ninja &amp; Origami villagers</td>
<td>1A</td>
<td>Mr Beine</td>
<td>Mirror image &amp; Cotton sushi</td>
<td>4A</td>
</tr>
<tr>
<td>Mrs Colson/Mrs Forward*</td>
<td></td>
<td>1B</td>
<td>Mrs McAuley</td>
<td></td>
<td>4B</td>
</tr>
<tr>
<td>Miss Howle</td>
<td></td>
<td>1C</td>
<td>Mrs Spiridis</td>
<td></td>
<td>4C</td>
</tr>
<tr>
<td>Mr Otte</td>
<td></td>
<td>1D</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Ms Virtanen</td>
<td></td>
<td>1E</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Mrs Rault*</td>
<td>Sumo &amp; Fans</td>
<td>2A</td>
<td>Mrs Christie*</td>
<td>Bento lunch boxes &amp; Balloon Ninjas</td>
<td>5A</td>
</tr>
<tr>
<td>Mr Sweatman*</td>
<td></td>
<td>2D</td>
<td>Mr Hartwig</td>
<td></td>
<td>5B</td>
</tr>
<tr>
<td>Miss Dixon</td>
<td></td>
<td>2B</td>
<td>Mrs Gadsby</td>
<td></td>
<td>5C</td>
</tr>
<tr>
<td>Mrs Goode</td>
<td></td>
<td>2C</td>
<td>Mrs Wallace</td>
<td></td>
<td>5D</td>
</tr>
<tr>
<td>Mrs Kuilboer</td>
<td></td>
<td>2E</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Mrs Bull</td>
<td>Miss Vine</td>
<td></td>
<td>Mr Whelan</td>
<td>Koi streamers &amp; Silhouette</td>
<td>6A</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>6B</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>6C</td>
</tr>
</tbody>
</table>

Undoukai (Sports carnival)

Rotating event (within sub-school)

11:30am-12:50pm  Years Prep – Year 2
2:00-3:15pm       Years 3-6

<table>
<thead>
<tr>
<th>Years Prep-2</th>
<th>A C T I V I T Y</th>
<th>Grade</th>
<th>Years 3-6</th>
<th>A C T I V I T Y</th>
<th>Grade</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mrs Cartwright</td>
<td>Dress-up relay</td>
<td>0A</td>
<td>Mrs McAuley/Mrs Rault*</td>
<td>Tama ire (basketball)</td>
<td>3A</td>
</tr>
<tr>
<td>Ms Henderson</td>
<td>Tama ire (basketball)</td>
<td>0B</td>
<td>Mrs Paterson</td>
<td>Dress up relay</td>
<td>3B</td>
</tr>
<tr>
<td>Mrs O’Brien</td>
<td>Egg &amp; spoon race</td>
<td>0C</td>
<td>Ms Doye</td>
<td>Egg &amp; spoon race</td>
<td>3C</td>
</tr>
<tr>
<td>Miss McKillop</td>
<td>Sand race</td>
<td>0D</td>
<td>Mrs Kohlman</td>
<td>Sand race</td>
<td>3D</td>
</tr>
<tr>
<td>Mrs Moncrieff</td>
<td>Tunnel ball</td>
<td>0E</td>
<td>Ms Reardon</td>
<td>Crossball</td>
<td>3E</td>
</tr>
<tr>
<td>Mrs Allison</td>
<td>Bean bag relay</td>
<td>1A</td>
<td>Mr Beirne</td>
<td>Tunnel Ball</td>
<td>4A</td>
</tr>
<tr>
<td>Mrs Colson/Gunn</td>
<td>Knock down the cones</td>
<td>1B</td>
<td>Mr Sweatman</td>
<td>Bean Bag relay</td>
<td>4B</td>
</tr>
<tr>
<td>Miss Howle/Virtanen</td>
<td>Quoits</td>
<td>1C</td>
<td>Mrs Spiridis</td>
<td>Tug of war</td>
<td>4B</td>
</tr>
<tr>
<td>Mrs Rault*</td>
<td>Tunnel ball</td>
<td>1D</td>
<td></td>
<td></td>
<td>4C</td>
</tr>
<tr>
<td>Mrs Forward*</td>
<td>Tama ire (basketball)</td>
<td>1E</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Miss Piccolo</td>
<td>Rob the nest</td>
<td>2A</td>
<td>Mrs Giles</td>
<td>Tama ire (basketball)</td>
<td>5A</td>
</tr>
<tr>
<td>Miss Dixon</td>
<td>Bean bag toss</td>
<td>2B</td>
<td>Mr Hartwig</td>
<td>Egg &amp; spoon race</td>
<td>5B</td>
</tr>
<tr>
<td>Mrs Goode</td>
<td>Skipping relay</td>
<td>2C</td>
<td>Mrs Gadsby</td>
<td>Skipping relay</td>
<td>5C</td>
</tr>
<tr>
<td>Mrs Marsh</td>
<td>Egg &amp; spoon race</td>
<td>2D</td>
<td>Mrs Wallace</td>
<td>Dribbling relay - soccer or b'ball</td>
<td>5D</td>
</tr>
<tr>
<td>Mr Sweatman*</td>
<td>Tug of war</td>
<td>2E</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Mrs Christie*</td>
<td>Knock down the cones</td>
<td>6A</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Miss Vine</td>
<td>Rob the nest</td>
<td>6B</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Mr Whelan</td>
<td>Tug of war</td>
<td>6C</td>
</tr>
</tbody>
</table>

3:15-3:30pm Arigatou and Sayounara in gym.
Hey kids remember to bring some spending money!!

Bitz & Bitz

Not your average market stall!

31st October

Cookies $2
5 rings $2.50
3 rings $1.50

Quoits

1 ring: 1 caramel
2 rings: 2 caramels
3 rings: 1 cookie
4 rings: 2 cookies
5 rings: 2 cookies and 1 caramel

saum, Haman
PARENT INFORMATION SESSION

This one hour session is designed to give adults an opportunity to have a better understanding of some of the issues for schools in sexuality education.

Tuesday 28th October at 7.00pm in the Staff Centre

- What is sexuality education and why it is important?
- What do young people need to know? What about values?
- What are the benefits of sexuality education?
- Content of the program and examples of strategies and resources that are used.
- Discussion of some common concerns about sexuality education.

Family Life Victoria
Phone: (03) 9813 2377 Fax (03) 9813 2355
Email: enquiry@familylifevictoria.org.au
www.familylifevictoria.org.au

BOOKS AVAILABLE FOR SALE
Cash or Credit Card only

FAMILY LIFE PARENT INFORMATION SESSION TUESDAY OCTOBER 28.
Please complete and return to the school office by Friday October 24.

We will be attending:

Family Name: ..............................................................................................
Number of people attending: ...............
Many parents today are confused by the amount of conflicting ‘expert’ information and advice they frequently receive about parenting.

It can be confusing, frustrating, discouraging and annoying.

<table>
<thead>
<tr>
<th>How to discipline?</th>
<th>How to get kids to listen?</th>
<th>How to deal with bullying?</th>
</tr>
</thead>
<tbody>
<tr>
<td>How much screen time is ok?</td>
<td>What are kids’ rights?</td>
<td>What are parents’ rights?</td>
</tr>
<tr>
<td>How to keep them safe?</td>
<td>What am I doing right?</td>
<td></td>
</tr>
</tbody>
</table>

Join us in a free 4 week program to discuss our concerns, questions and ideas about parenting in a friendly, supportive place. Discover the things you need to know to raise your child to be confident, happy, and resilient.

**Who for:** Parents, Step-parents, Carers, Grandparents  
**Date:** Thursday evenings: 30 Oct, 6, 13 and 20 Nov 2014 (4 weeks)  
**Time:** 6:45 – 8:30 pm  
**Venue:** Mount Eliza North Primary School, Moseley Drive, Mount Eliza  
**Cost:** Free but please book. Light supper provided  
**Facilitator:** Barbara Biggelaar from Anglicare Parentzone  
**Contact:** To book or for further information please phone Barbara on 9781 6787 or 0458 750 754  

Hosted by Mt Eliza North Primary School
COMMUNITY NOTICES

SOMERS ART FAIR at Somers Primary School, 87 Camp Hill Rd Somers - Sunday 26 October 10am - 5pm. The Somers art Fair is a family friendly event that showcases amazing local artists in a unique beachside location. Art Auction at 2pm. Plenty to see and do.

Point Nepean Red Alert Picnic Sunday 26 October 12 - 2pm. Parade Ground in the Point Nepean National Park Quarantine Station, BYO food, drinks, picnic rug, chairs, hats, sunblock, friends, relatives, colleagues etc. SEE FLYER on Gym window for the complete story!!!

There are now 5 LITTLE FREE LIBRARIES in Mt Martha!

- 35 Watson Rd (outside Mt Martha Pre-School)
- Scenic View Drive (cnr 2 Banksia Grove)
  - 42 Dominion Rd
  - 28 Morlyn Drive
- Mt Martha Primary School

Visit one soon or visit: littlefreelibrary.org to start one of your own.
Happy reading!

Mt Martha Primary School strives to provide a safe environment for students, staff and visitors. Please alert the office to any hazards.

There are now 5 LITTLE FREE LIBRARIES in Mt Martha!

- 35 Watson Rd (outside Mt Martha Pre-School)
- Scenic View Drive (cnr 2 Banksia Grove)
  - 42 Dominion Rd
  - 28 Morlyn Drive
- Mt Martha Primary School

Visit one soon or visit: littlefreelibrary.org to start one of your own.
Happy reading!

SCHOOL TERMS 2014

TERM 1 30th January to 4th April
TERM 2 22nd April to 27th June
TERM 3 14th July to 19th September
TERM 4 6th October to 19th December

Our school purpose is to ensure a high quality and engaging learning program that builds on the capability of every student.
**STIRLING LINGARD TENNIS COACHING**
**MT MARtha TENnis CLUb**

Tennis….fun for life! Coordination, fitness and fun
Tennis lessons from only $14 per week
Hot Shots program 4-16yrs
Adults Cardio program Mon-Fri 9.30am
Daily Holiday program running (Summer) holidays
stirling@bigpond.com or call Stirling 0411 082 723

**MT MARTHA TENNIS CLUB**

Tennis….fun for life!
Coordination, fitness and fun
Tennis lessons from only $14 per week
Hot Shots program 4-16yrs
Adults Cardio program Mon-Fri 9.30am
Daily Holiday program running (Summer) holidays
stirling@bigpond.com or call Stirling 0411 082 723

---

**Dr Peter Scott Orthodontist**
Children & Adult Specialist Orthodontist
Creating Beautiful Smiles
13 Beach St, Frankston 3199
PH: 9783 4511

---

**30 Day Nutritional Cleanse**
Transform Your Body, Transform Your Life!
❖ Lose stubborn kg’s quickly & easily
❖ Cleanse your body & clear out the junk
❖ Boost energy levels & Mental clarity
❖ Manage stress & Cortisol levels
❖ Restore Gut Health & improve sleep
❖ Create a healthier, more vibrant body
❖ Build lean muscle & improve recovery time
Free Info Session Wednesdays 7.30pm Mt Martha.
Suzie Taylor 1800 333 807 www.facebook.com/lsa30day

---

**Aikido - Aiki Shuren Dojo Mt Martha**
The art of peace and harmony has arrived in Mt Martha.
Aikido is a traditional Japanese martial art that emphasises conflict resolution through peaceful means without the need for strength or aggression.
Anyone can do Aikido. We train diligently and safely within a friendly environment.
Call Simon on 0410 536 637
Mount Martha House
Adults Mondays and Thursdays 7.30pm
New TIGER SQUAD- Kids Thursday 6.30pm $30 pm.
Present this ad and your first month is Free
www.mountmarthaiwamaryuaikido.weebly.com

---

**Amanda's Beauty Therapy**
For All Your Beauty Needs

Facials
Waxing
Manicure / Pedicure
Relaxation Massage

15% Discount for First Treatment.
Contact Amanda on 0458 946 368

---

**Thermomix is the ultimate kitchen solution.**
Create delicious, wholesome food from basic ingredients in a fraction of the time.
Save money, reduce your additive intake and put the fun back into cooking!

To organise a local demonstration contact
Anne-Marie Raymond 0437 214 211 or
e-mail a-mraymond@bigpond.com

---

**CAPEZIO Dancewear & Activewear**
12-14 Milgate Drive, Mornington
Ph (03) 5975 0266
shop@capezio.com

Sign up to our loyalty program for 10% Off Instore
www.capezioanz.com

---

**Active Barre - The Hollywood Craze**
Get ready for Summer with a balanced, long, lean body.
Combining Ballet Barre, Pilates, Stretching and Relaxation.
Mt Martha House
Wednesday and Friday 2pm - 3pm
Call Nicole for more information on 0404 030 431
or visit www.activehealing.com.au