



Mt. Martha Primary School

Mt Martha Primary
Principal
Mr Martin Page

Assistant Principals
Mr Hugh O'Brien
Mrs Karen Walker

**Mt Martha Primary
Contact Details**
37-55 Glenisla Dve
Mt Martha Vic 3934

Reception
5974 2800

Fax
5974 3634

Absentee Reporting
Lodge via Compass parent portal

Website
www.mtmarthaps.vic.edu.au

Email
mount.martha.ps@edumail.vic.gov.au

Office Hours
8.30am - 4.15pm
Monday - Friday

**OSHCP - Out of School Hours Care
Program**
0407 438 858
Coordinator - Gillian
Reid



PSW Mornington Uniform Shop
Mon - Friday 9am - 5pm
Saturdays 10am - 1pm
1/22 Watt Road,
Mornington Vic 3931
03 9768 0346
1800 337 396
Online Ordering:
www.psw.com.au

BANKSIA BULLETIN - 19 March 2020

Mt Martha Primary School strives to empower students to be active learners who make a positive impact in a changing world.

PRINCIPAL'S REPORT

Road Closures Friday 20th March Update – The school has been advised that as part of the Shire's Local Roads Program that road resurfacing works will be undertaken on **Friday 20th March** from **7am to 5pm** (subject to weather). We have been advised that **Dickinson Grove** from **Legacy Drive** to its end, **Legacy Drive** from **Dickinson** to **Orana** and **Glenisla Drive** from **Legacy** to **Dominion** are involved in the works on **Friday**. We have been advised that works on **Glenisla Drive** directly outside the school down to **Dominion** heading towards the bay will now be done on **Saturday 21st March**. Some delays (5 to 10 minutes) can be expected potentially impacting on the journey to or from school.

COVID -19 Update - The school continues to receive a daily update from DET regarding latest information on the COVID-19 outbreak and its impact on schools. The Information Letter and Statement by the Victorian Chief Medical Officer sent out this week via Compass is still relevant. In addition, the announcement yesterday of the restriction of gatherings greater than 100 people does not include schools but we are reviewing our events and using advice provided to see what still can be run.

At this point, school closures are still in response to a confirmed case of COVID-19 amongst a student or staff member or if the person has been in close contact of a confirmed case of COVID-19. Parents should advise the school as soon as possible if a positive test result is received. The school will then advise DET and DHHS and we act on their advice. Families will be contacted regarding actions to follow. At this point the school is not closing.

In the event of school closures DET and the school will enact online and remote learning strategies to ensure student learning will continue. Additional resources in this area are being developed. More information will be provided to the school community at that time.

We have included some very useful additional information about COVID-19 in this newsletter.

As always the school will continue to implement good hygiene practices including reminders and routines to ensure student handwashing using soap supplied in toilets and the classroom.

School Council Update - Following our AGM last week Elle Baker was elected as our School Council President, Pia Smillie is Vice President and Luke Woods is Treasurer. We welcomed new and returning School Councillors. Trudy Mason, Alanna Allain, Joanna Karagiannis and Daniel Vercoe are retiring as members from School Council. I would like to thank Trudy, Alanna, Joanna and Dan for their time, involvement, ideas, consideration and overall contribution as school councillors.

Ride2School Day - Congratulations everyone for the fantastic participation in the Ride2School Day last **Friday 13th March**. Our participation rates were very high! The ride from Mount Martha House to the school, the organisation from "White Bike Foundation" and the launch of the "Ride for Joel" from the school made the day even more significant. Thank you to our Travel Smart Leaders and Mrs O'Connor for their leadership of this event.

Lost Property - A reminder to check the Lost Property area near the Art Room. Lost Property has many items that we would love to reunite with their owners! If your child has misplaced a jumper or another item there is a good chance it will be in lost property. Thank you.

End of Term One - A reminder that Friday 27th March is the last day of Term One. Please note the earlier dismissal time of 2.30pm. Unfortunately our end of term assembly has been cancelled. Term 2 commences on Tuesday 14th April with Monday 13th April being the Easter Monday public holiday.

Kind regards

Martin Page

Our Mission is to ensure high quality and engaging learning program that builds on the capability of every student.

SCHOOL NOTICES

Dates to Remember Coming Events



MARCH

Friday 20th

Year 4 Hip Hop Dance continues in the Gym

Specialists Teacher Planning Day

Thursday 26th

Year 1 & 2 Swimming

11.30: 2D & 1A , 12.00: 2B & 2A

12.30: 2E & 1B , 1.00: 2C & 1C.

Friday 27th

Final day of Term 1

Early dismissal time of 2.30pm



APRIL

**Monday 13th Easter Monday Public
Holiday - Students do not attend school**



**Tuesday 14th Term 2 commences
today!**

COMPASS EVENT PAYMENT/CONSENT CALENDAR



Parents are reminded to log into the Compass Parent Portal to consent and/or pay by the due date.

Please let the office know if your child will be away and/or will not be attending the event. Thank you.

EVENTS 2020	COST	CLOSING DATE
Year 4 Arrabri Lodge Camp	\$340	29/4/2020
<div style="background-color: #90ee90; border: 2px solid yellow; border-radius: 50%; padding: 20px; text-align: center;"> <p>2020 EVENTS Stay tuned!</p> </div>		

TERM DATES: 2020

Term 1	28th January to 27th March
Term 2	14th April to 26th June
Term 3	13th July to 18th September
Term 4	5th October to 18th December

BANKING EVERY TUESDAY



Mount Martha Community Bank® Branch





Dear Parents and Carers,

Last week a Special Report was published to address increasing fears and the miscommunication surrounding the Coronavirus. This has resulted in an unprecedented response across the country with views in the thousands. The report was provided to SchoolTV, which has now passed it on to all schools for parents to access.

Please click on the link below to view the Special Report:

https://schooltv.me/wellbeing_news/special-report-coronavirus

Please also note the information provided in this week's newsletter about the media and its impact on your child.

Kind regards,

Karen Hodgkins and the Be You Team



Ten ways to reduce your risk of coronavirus

- ✋ **WASH** hands often with soap and running water, for at least 20 seconds. DRY with paper towel or hand dryer.
- ✋ **TRY** not to touch your eyes, nose or mouth.
- ✋ **COVER** your nose and mouth with a tissue when you cough or sneeze. If you don't have a tissue cough or sneeze into your upper sleeve or elbow.
- ✋ **ISOLATE** yourself at home if you feel sick. If you take medication ensure you have adequate supplies.
- ✋ **PHONE** your GP first if you need medical attention. They will tell you what to do.
- ✋ **CONTINUE** healthy habits: exercise, drink water, get plenty of sleep, and now is the time to quit smoking. Call the Quitline 137 848.
- ✋ **DON'T** wear a face mask if you are well.
- ✋ **BUY** an alcohol-based hand sanitiser with over 60 per cent alcohol.
- ✋ **GET** the flu shot (available April).
- ✋ **SHAKING HANDS** is optional!



Find out more
www.dhhs.vic.gov.au/coronavirus

If you are concerned, call the
Coronavirus hotline 1800 675 398 (24 hours)
 Please keep Triple Zero (000) for emergencies only

To receive this publication in an accessible format email COVID-19@dhhs.vic.gov.au
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Health and Human Services

Emerging Minds.

National Workforce Centre
for Child Mental Health

Traumatic events, the media and your child



When disasters or traumatic events occur in Australia or elsewhere in the world, they're often given constant media coverage. It can seem like every time you turn on the TV, radio or go online there is more news about the event, who has been hurt and what is happening in the immediate aftermath.

Media coverage during times of disaster or traumatic events is important: it can provide those who are affected with news and information about where to go, how to get help and when it's safe to return to their homes. However, many people, including children and families, can become absorbed by the constant news stream about the event and sometimes they can watch or listen for hours.

Impact of too much media exposure

Adults need to be mindful of how much exposure their children have to coverage of disasters or traumatic events on TV, radio or the internet. The media often focus on the most frightening aspects of an event and this coverage can contain graphic, scary and disturbing images. Seeing this type of media coverage can cause distress or worry for children. Children will also often discuss what they have seen in the media with each other. As a result, even though your children may not watch coverage constantly at home, they are still exposed to it through their friends and chatter on social media.

Media coverage can have an impact on children in the following ways:

- they can feel that they are unsafe and that something bad may happen to them or their family
- they can be led to think this event is happening constantly, rather than one event being replayed
- they can spend a great deal of time thinking about the event, which can affect their sleep and time at school
- they may be anxious that the same sort of event may happen to them or their family.

The more media coverage children see, the more likely they are to become afraid or upset.

Delivery partners:



The National Workforce Centre for Child Mental Health is funded by the Australian Government Department of Health under the National Support for Child and Youth Mental Health Program

Visit our web hub today!

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minds.
com.au**



BULLYING NO WAY!



BULLYING. NO WAY!
SAFE AUSTRALIAN SCHOOLS.
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Mt Martha Primary School is taking a stand against bullying and violence again in 2020. We have registered to take part in The National Day of Action Against Bullying and Violence on Friday, March 20th.

Dear Parents and Carers,

At Mt Martha Primary, we aim to create a safe and supportive school community for everyone.

You are an important part of our work to prevent bullying and to respond effectively if it happens. Stopping bullying involves everyone.

We are sending you a pocket card from Bullying. No Way! with tips on what to do if your child talks to you about bullying. Parents know their children best and know the best way to tailor communication to their needs. Adapt these tips to what works for you and your child.



If your child talks to you about bullying:

1. **Listen** calmly and get the full story.
2. **Reassure** your child that they are not to blame.
3. **Ask** your child what they want to do about it and how you can help.
4. **Visit** www.bullyingnoway.gov.au to find some strategies.
5. **Contact** the school.
6. **Check in** regularly with your child.

If your child talks to you about bullying:

1. **Listen** calmly and get the full story. Your calm response is important to allow your child to tell you all about the situation. After they've told you their story, ask questions to get more details if you need: who, what, where, when. Although you may feel some strong emotions about your child's experience, try to keep calm to avoid more distress to your child.
2. **Reassure** your child they are not to blame. Many children blame themselves and this may make them feel even worse. You could say things like, 'That sounds really hard to deal with. No one should have to put up with that.' or 'I'm so glad you told me. You should be able to feel safe at school; that's not fair at all'.
3. **Ask** your child what they want to do and what they want you to do. A critical part of your response is to avoid jumping in to solve the problem. While it is natural to want to protect your child, helping them to find their own solution is a better option. It helps them feel they have some power in the situation.
4. **Visit** www.bullyingnoway.gov.au to find some strategies. The website has tips and ideas for different bullying situations. One idea is to practise strategies at home to help your child feel more confident.
5. **Contact** the school. Your child may be reluctant for you to do this, so discuss the idea and reassure them that the school would want to know and is able to help. Make an appointment to meet with your child's teacher and, if you need to, ask to talk with the principal. Contact the school immediately if you have a concern about your child's safety.
6. **Check in regularly** with your child. Keep the conversation going. It can take time to resolve issues, so check in regularly with your child about their experiences and their feelings. Your ongoing support is important.

www.bullyingnoway.gov.au

SPORT NEWS

SCHOOL SWIMMING SPORTS

What an amazing 2 days at Mornington Secondary College. We had over 400 students compete in the school swimming sports. From 50m Freestyle events to 25m Butterfly events, everyone had a wonderful morning at the pool. Chants were heard from pool side as our students took to the water. Everyone showed great courage in their chosen events.

A huge thanks to all the parent helpers! All the teachers did a wonderful job to make sure the events ran smoothly and assisting on the day. The 2020 sport leaders have to be congratulated on their support and attitude throughout the 2 days of competition.

Our results of the House Swimming Sports will be announced soon.... Who will it be?

District Swimming

Congratulations to our school swimming team who competed at the Mornington District Swimming Carnival. The weather was amazing and with the sun shining down our swimming team did their best in the pool! Overall, Mt Martha finished 2nd in the District which is a huge effort from our team. Outstanding effort by all our swimmers in their races and a huge thank you to Mr Antoniou & Anna Goss for assisting with the day.

From this carnival, we had some students successful in making it to the Southern Peninsula Division Carnival but due to COVID-19, this competition did not take place. Such a shame but hopefully they will get their chance in the near future.

JOGGING CLUB

Jogging Club is off and running. Every student has either the same card or a new card ready for 2020. Prep students have been taken around the track during a PE lesson so they become familiar with the route that needs to be followed. Jogging Club starts at 8:35 on the basketball courts.

Let's make a huge effort to see more students jogging the track this year!! Certificates for milestones in Jogging Club will be presented at year level assemblies.

ST KILDA FOOTBALL CLUB

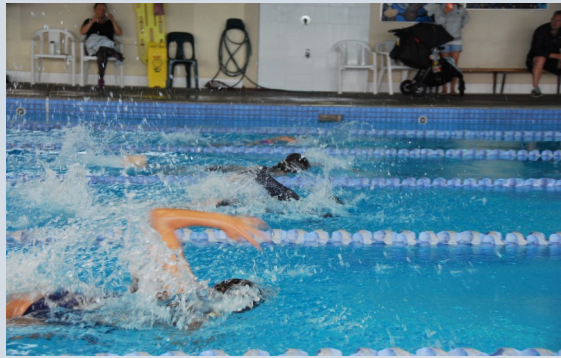
Last week, our girls AFL team was lucky to have St Kilda Football Club players come to our school to give them some helpful skills and hints. The girls participated in small skills rotations and a mini game to demonstrate their skills to the players. This was an amazing experience for the girls and for Mt Martha Primary School. Even Mr. O'Brien got a photo with his favorite footy team.

Players: Dan Hannebery, Jake Carlisle, Zac Jones, Dylan Robertson, Paddy Ryder, Jack Bytel, Ryan Byrnes, Oscar Clavarino & Jack Mayo

SUMMER LIGHTNING PREMIERSHIP – TERM 2

We have been advised to postpone all sporting events that involve our school at any level due to the COVID-19 virus. This directive has been delivered by School Sport Victoria and Department.

SPORTS PHOTO GALLERY



ST KILDA FOOTBALL CLUB VISIT





Congratulations Mt Martha Primary School! Active Travel rate on Freaky Friday was 75%!



Thank you to the White Bike Foundation, VicPol, teachers, parents and students for their support on success of our morning ride. It was great to be a part of the launch for the #rideforjoel. We wish Chris and his team all the best in their journey to NSW to raise awareness of road safety for all - #think2.

[The White Bike Foundation](#)





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Autumn 2019 school holiday dates:

Week 1: Tuesday March 31st, Wednesday April 1st, Thursday April 2nd, Friday April 3rd

Week 2: Monday April 6th, Tuesday April 7th, Wednesday April 8th, Thursday April 9th

Cost: \$90.00 per day, or \$250 for 3 days (pro rata for additional days).

Maximum 16 children per day.

Bookings essential as spaces are limited

Dress for the weather, wear closed-toe shoes and remember your hat or raincoat. BYO lunch or purchase at the café.

Moonlit Sanctuary

550 Tyabb-Tooradin Rd, Pearcedale

Phone 5978 7935

www.moonlitsanctuary.com.au

Open daily between 10am and 5pm



COMMUNITY NEWS



As a club we are looking for players to join teams in the following age groups

U10 Girls (top age team 2011)
U10 Girls (bottom age team 2012)
U12 Girls (bottom age team 2010)
U14 Girls (2007, 2008)

If your daughter is interested in joining our wonderful club please contact us at

mountmarthabasketball@gmail.com

REGISTER NOW

We are inviting new families to join the Mt Martha Netball Club for the 2020 season.

Netball is a great way to get fit, play in a team, have fun, & make friends.

Mt Martha Netball Club provides skills clinics & social outings for their members.

Our Club aims to teach netball skills to new players & improve netball skills in continuing players.



Saturday Competition

Teams -U9 beginners
(i.e. Yr2), U9, U10, U11,
U12, U13, U15

Mixed teams U13-U15 &
U15-U17 (girls can play in
BOTH Sat comp & mixed comp)

INDOOR

Wed night -15 & OVER

Mon & Wed night -MUMS

Saturday games & Wednesday (senior) / Thursday (junior) training sessions at MPNA courts Mornington. Wednesday indoor competition at David Collings Centre

Registration - please contact

**Deanne
Johnstone**

registration@mtmarthanetball.com



www.facebook.com/Mount-Martha-Netball-Club



BEACH PATROL EVENT

Beach clean
Craft Activities

Education with Dolphin Research Institute
Prizes

Coffee Rewards
Sunday 29 March

9 am start

Mount Martha Lifesaving Club

Limited spots, register for free at
<https://reg.eventgate.com.au/Event/19010/Mount-Martha-Beach-Patrol-Event>

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Karen Murphy
Licensed Instructor

0405 179 967

FB: Karen M Zumba

Insta: karenm_zumba

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