



Mt. Martha Primary School

Mt Martha Primary
Principal
Mr Martin Page

Assistant Principals
Mr Hugh O'Brien
Mrs Karen Walker

**Mt Martha Primary
Contact Details**
37-55 Glenisla Dve
Mt Martha Vic 3934

Reception
5974 2800

Fax
5974 3634

Absentee Reporting
Lodge via Compass parent portal

Website
www.mtmarthaps.vic.edu.au

Email
mount.martha.ps@edumail.vic.gov.au

Office Hours
8.30am - 4.15pm
Monday - Friday

**OSHCP - Out of School Hours Care
Program**
0407 438 858
Coordinator - Gillian
Reid



PSW Mornington Uniform Shop
Mon - Friday 9am - 5pm
Saturdays 10am - 1pm
1/22 Watt Road,
Mornington Vic 3931
03 9768 0346
1800 337 396
Online Ordering:
www.psw.com.au

BANKSIA BULLETIN - 26 March 2020

Mt Martha Primary School strives to empower students to be active learners who make a positive impact in a changing world.

PRINCIPAL'S REPORT

End of Term - We have had an early finish to our Term 1 this year but I would like to congratulate our students for a fantastic start to the school year! Thank you staff and families for your assistance! We were able to complete most of our excursions and incursions with the classroom activities providing engaging and powerful learning opportunities. Thanks again!

COVID-19 Update - Information from DET continues to be rapidly updating concerning the COVID-19 outbreak and its impact on schools. As we know students have commenced an early vacation. Term 2 is scheduled to start for students on **Wednesday 15th April**. As previously advised Tuesday 14th April is a Pupil Free Day.

Staff have been working this week in preparation to move to remote and flexible learning in Term 2 should DET advise that this method of learning be required. This decision is based on the latest advice from the Victorian Chief Medical Officer. We will update parents via Compass firstly if we are required to move to this model and secondly what this entails. We will outline the methods and protocols for communication between the school and our families and students, an indication of learning tasks and where they may fit in a day of remote learning and methods for students to receive assistance, submit work and receive feedback. Teachers have been planning a variety of learning tasks and activities - some of the things we would do at school but also activities that suit being at home. Not all are online. Remote learning is new and we have recognised the need to be flexible given learning is in the home rather than at school. There is always the potential for us to adjust our approaches as time progresses. We recognise the need to maintain those all important social connections as well albeit remotely.

We will also be providing direction to wellbeing materials from a variety of sources to assist in this other crucial area.

The Office has also been working to ensure our administration functions effectively if a remote environment is required. We will also let parents know of arrangements in this area at the appropriate time.

It is important that we keep ourselves up to date using trusted and accurate sources of information. For example <https://www.health.gov.au> & <https://www.education.vic.gov.au> provide comprehensive and accurate information.

Once again thank you for all your assistance and support this term and my very best wishes for the term break!

Kind regards

Martin Page

Our Mission is to ensure high quality and engaging learning program that builds on the capability of every student.

SCHOOL NOTICES

Dates to Remember Coming Events



MARCH

Monday 23rd
Final day of Term 1

APRIL

Monday 13th Easter Monday Public
Holiday - Students do not attend school



Tuesday 14th Pupil Free Day

Term 2 Commences
Wednesday 15th April



COMPASS EVENT PAYMENT/CONSENT CALENDAR



Parents are reminded to log into the Compass Parent Portal to consent and/or pay by the due date.

Please let the office know if your child will be away and/or will not be attending the event. Thank you.

EVENTS 2020	COST	CLOSING DATE
Year 4 Arrabri Lodge Camp	\$340	29/4/2020

2020 EVENTS
Stay tuned!

TERM DATES: 2020

Term 1 28th January to 27th March
Term 2 14th April to 26th June
Term 3 13th July to 18th September
Term 4 5th October to 18th December

BANKING EVERY TUESDAY



Mount Martha Community Bank® Branch



On behalf of the Social Events Committee (SEC) we would sincerely like to thank the parents, teachers and students for their support, encouragement and ideas. Who knows what the rest of the year will bring. If there is opportunity to adapt, we will.

2020 is the year to celebrate our school community and the coming together in whatever way the current climate allows. If it's online, we can do it. If it's in small groups, we can do it.

If you'd like to stay in touch over the holidays, feel free to join our Facebook page: [Mt Martha P.S. Social Noticeboard](#).

We wish you a safe and healthy holiday. Looking forward to connecting with you soon.



Medication

As we are in uncertain times and some medication is in short supply, if you would like to collect your child's medication for the school holidays, you can collect from First Aid on **Thursday 26th and Friday 27th March.**

Head Lice

As usual, we are having a real problem with head lice within the school community. Over the holidays could you please check your child's hair for live eggs or lice.

If you should find any there are two choices of treatment:

Non-chemical: Use conditioner and comb with a head lice comb to remove the head lice and eggs and repeat every 2 days until no live lice have been found for 10 days.

Chemical: Treat and comb with a head lice comb to remove the head lice and eggs; and repeat in 7 days.

The conditioner and comb method is very successful and less harsh on children's heads. For prevention of further outbreaks, leave a head lice comb in the shower and comb through the conditioner once a week while washing your hair. Head lice take 14 - 17 days to mature so if you continue to comb each week you will remove the lice before they are able to lay more eggs and thus break the cycle.

Another important step to prevent head lice is to ensure all hair that is shoulder length or longer is tied back as per the MMPS Uniform Policy. As head lice do not fly or jump, they only crawl, it is only direct hair to hair contact that allows transference. By tying hair back this minimises the risk of head lice infestation.

Enjoy the break from school and keep safe!

Lorraine Stuart
First Aid Officer



Ten ways to reduce your risk of coronavirus

- ✋ **WASH** hands often with soap and running water, for at least 20 seconds. DRY with paper towel or hand dryer.
- ✋ **TRY** not to touch your eyes, nose or mouth.
- ✋ **COVER** your nose and mouth with a tissue when you cough or sneeze. If you don't have a tissue cough or sneeze into your upper sleeve or elbow.
- ✋ **ISOLATE** yourself at home if you feel sick. If you take medication ensure you have adequate supplies.
- ✋ **PHONE** your GP first if you need medical attention. They will tell you what to do.
- ✋ **CONTINUE** healthy habits: exercise, drink water, get plenty of sleep, and now is the time to quit smoking. Call the Quitline 137 848.
- ✋ **DON'T** wear a face mask if you are well.
- ✋ **BUY** an alcohol-based hand sanitiser with over 60 per cent alcohol.
- ✋ **GET** the flu shot (available April).
- ✋ **SHAKING HANDS** is optional!



Find out more
www.dhhs.vic.gov.au/coronavirus

If you are concerned, call the
Coronavirus hotline 1800 675 398 (24 hours)
 Please keep Triple Zero (000) for emergencies only



Dear Parents and Carers,

Last week a Special Report was published to address increasing fears and the miscommunication surrounding the Coronavirus. This has resulted in an unprecedented response across the country with views in the thousands. The report was provided to SchoolTV, which has now passed it on to all schools for parents to access.

Please click on the link below to view the Special Report:

https://schooltv.me/wellbeing_news/special-report-coronavirus

Please also note the information provided in this week's newsletter about the media and its impact on your child.

Kind regards,

Karen Hodgkins and the Be You Team

Emerging Minds.

National Workforce Centre
for Child Mental Health

Traumatic events, the media and your child



When disasters or traumatic events occur in Australia or elsewhere in the world, they're often given constant media coverage. It can seem like every time you turn on the TV, radio or go online there is more news about the event, who has been hurt and what is happening in the immediate aftermath.

Media coverage during times of disaster or traumatic events is important: it can provide those who are affected with news and information about where to go, how to get help and when it's safe to return to their homes. However, many people, including children and families, can become absorbed by the constant news stream about the event and sometimes they can watch or listen for hours.

Impact of too much media exposure

Adults need to be mindful of how much exposure their children have to coverage of disasters or traumatic events on TV, radio or the internet. The media often focus on the most frightening aspects of an event and this coverage can contain graphic, scary and disturbing images. Seeing this type of media coverage can cause distress or worry for children. Children will also often discuss what they have seen in the media with each other. As a result, even though your children may not watch coverage constantly at home, they are still exposed to it through their friends and chatter on social media.

Media coverage can have an impact on children in the following ways:

- they can feel that they are unsafe and that something bad may happen to them or their family
- they can be led to think this event is happening constantly, rather than one event being replayed
- they can spend a great deal of time thinking about the event, which can affect their sleep and time at school
- they may be anxious that the same sort of event may happen to them or their family.

The more media coverage children see, the more likely they are to become afraid or upset.

Delivery partners:



The National Workforce Centre for Child Mental Health is funded by the Australian Government Department of Health under the National Support for Child and Youth Mental Health Program

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