



Mt. Martha Primary School

BANKSIA BULLETIN - October 18, 2018.

Mt Martha Primary School strives to empower students to be active learners who make a positive impact in a changing world.

PRINCIPAL'S REPORT

Uniform - Summer is on the way and so it is timely to revisit the Summer uniform requirements. They may be found on the school website <http://mtmarthaps.vic.edu.au/> under the "Policies" tab or in the Parent Information Booklet under the "Parents" tab. A reminder that while non uniform jumpers/hoodies may be worn to and from school they are not part of the school uniform and so should not be worn while the students are at school. Thank you for your assistance.

A reminder that if your child has lost an item please visit the Lost Property area near the Art Room. We still have many items waiting to be claimed from last term.

2019 Student Supply Orders - A reminder that both 2019 Student Supply Orders and Year 6 Rugby Top orders are due tomorrow **Friday 19th October**.

Jog-a-thon - A reminder also that Jog-a-thon is on tomorrow. Different Year levels will be running at different times during the day with information on running times in this newsletter. Good luck to all our students!

Pen Pal Sausage Sizzle - Tomorrow Year 5's are running a sausage sizzle to raise funds to support the transport costs for their pen pals from Westall Primary School to visit Mount Martha. Sausages are \$2 and Zooper Doopers \$1. There is additional information in the newsletter.

Student Groupings - Planning for 2019

It is approaching the time of the year when the teachers begin to consider class groupings for the next year. Certain information is helpful in this process and parents, who believe that exceptional educational circumstances exist for their child/ren that should be considered in placement for next year, need to forward the information in a letter to the principal by **Friday 2nd November**. Whilst parents are assured that this information will be considered, no guarantee for individuals is possible as the decisions made are the best for all students collectively.

To assist with class groupings, staffing and furniture needs please contact the office if your child is not returning to Mt Martha PS in 2019. Thank you for assisting our students in this way.

Solar Panels - Our solar panels were in their first week of operation and we are pleased to report two afternoons where all the school's electricity was generated by the solar panels. This presents a saving for the school and improves our environmental footprint.

Kind regards

Martin Page, Principal.

Our Mission is to ensure high quality and engaging learning program that builds on the capability of every student.

Mt Martha Primary
Principal
Mr Martin Page

Assistant Principals
Mr Hugh O'Brien
Mrs Karen Walker

**Mt Martha Primary
Contact Details**
37-55 Glenisla Dve or
PO Box 139
Mt Martha Vic 3934

Reception
5974 2800

Fax
5974 3634

Absentee Reporting
Lodge via Compass parent portal

Website
www.mtmarthaps.vic.edu.au

Email
mount.martha.ps@edumail.vic.gov.au

Office Hours
8.30am - 4.15pm
Monday - Friday

**OSHCP - Out of School Hours Care
Program**
0407 438 858
Coordinator - Gillian Reid

**PSW Uniform Shop at MMPS
Tuesdays**
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SCHOOL NOTICES

Dates to Remember Coming Events

OCTOBER

Friday 19th

Student Supply Orders due today
Whole School Jog-a-thon
(see page 3 for schedule)



Year 5 Pen Pal Sausage Sizzle
For Westall Primary School visit
3.30 4.15pm



Monday 22nd

Whole school Life Education

Tuesday 23rd - Wednesday 7th November

Year 4 Bike Education continues

Wednesday 24th

Year 6 Bike Education

Thursday 25th

Division Volleyball at Mt Martha Primary
School 9.30am - 1.15pm

Girls Team play 2 games 9.30am - 10.30am

Boys Team play 2 games 11.30am - 12.30pm

Friday 26th

Farm Relief Dress Up Day

Coin donation to the Drought Relief Fund.

Tuesday 30th

Year 6 Graduation Photo



Year 4 Bike Ed continues

Wednesday 31st

Year 3 Camp Information Night for parents.
To be held in the Year 6 area 5.30pm.

COMPASS EVENT PAYMENT/CONSENT CALENDAR



Parents are reminded to log into the Compass Parent Portal to consent and/or pay by the due date.

Please let the office know if your child will be away and/or will not be attending the event.
Thank you.

EVENT	COST	CLOSING DATE
2019 Student Supply Orders & Year 6 Rugby Tops Orders	<i>Please refer to Course Confirmations/ payments</i>	19/10/2018
Division Volleyball	Nil	22/10/2018
Year 5 Science Discovery Dome	\$7.00	31/10/2018
Year 6 Swimming Program	Nil	7/11/2018
Year 3 Camp	\$240	31/10/2018

TERM DATES: 2018

Term 4 8th October to 21st December
(1.30pm on last day of term)

TERM DATES: 2019

Term 1 29th January to 5th April
Students Years 1 - 6 start 31st January
(Prep interviews 31st January, Friday 1st February or Monday 4th)
Preps start 5th February 9 - 2.15pm
Preps start full days 4th March

Term 2 23rd April to 28th June

Term 3 15th July to 20th September

Term 4 7th October to 20th December

STUDENT BANK - EVERY TUESDAY ALL YEAR LEVELS

Mount Martha
Community Bank® Branch Bendigo Bank

SPORT NEWS

JOG-A-THON

Tomorrow, **Friday 19th October**, the whole school will be involved in the Jog-a-thon. This is a major fundraiser with all the money raised going towards supporting the SEC fundraising for the Library.



Students are to obtain sponsorship from parents, relatives and also close friends to encourage more sections/laps of the track or an overall donation.

Please ensure when completing sponsor/donation payments on Compass (Course Confirmation/School payments) that you keep siblings separate. This will ensure all children go into the draw to win sporting goods at an assembly this term.

Everyone that receives money from our Jog-a-thon will go into a large raffle to win some amazing brand new sport equipment.

9:10 – 9:30 Year 6

9:45 – 10:15 Year 2

10:30 – 10:50 Year 5

11:30 – 12:00 Prep

12:05 – 12:25 Year 4

12:30 – 1:00 Year 1

2:50 – 3:20 Year 3

Thanks for your support.

Cameron **Sweatman**, PE Teacher.

VICTORIAN JUNIOR LANDCARE GRANT—MMPS SENSORY GARDEN

We are very pleased to announce that we recently won a Junior Landcare Grant through Landcare Australia for our Sensory Garden.

Having to make way for portable classrooms to service our growing student population two years ago, we lost part of our garden.

This year, during our Gold for Green Day campaign and through the hard work of our volunteers at weekend working bees, we started rebuilding and replenishing our garden. With plans to continue this development in 2019, the money received from Landcare Australia will help to reinvigorate our Sensory Garden so that our students can continue to have meaningful learning experiences in a natural setting that focus on sustainability, investigation and a love of the outdoors.

Sausage Sizzle

Have you noticed that there are some posters about a sausage sizzle?

Well 5D, 5A and 5E are running a sausage sizzle so the our pen pals from Westall Primary School can come to visit us here at Mt Martha Primary School. All the money raised will go towards a bus for Westall Primary to come and enjoy the experiences of Mt Martha that they might not experience there such as the beach.

The reason why the students at Mt Martha would like to contribute to the bus payment so that Westall can come here is because they are less privileged than us. Many of the kids are from different countries and cultures, and some are from refugee families.

Sausages = \$2.00

Zooper Dooper = \$1.00

The Sausage Sizzle starts at 3:30pm - 4:15pm

On Friday 19th of October.

See you there!!!

By Arabella & Leni

SAUSAGE SIZZLE!

FRIDAY 19TH, 3.30 PM

SAUSAGES \$2.00



ZOOPER DOOPERS \$1.00



THE MONEY WILL BE GOING TOWARDS BRINGING
OUR WESTALL PRIMARY PEN PALS HERE.
THANK YOU FROM 5D

FREE DRESS - FARM RELIEF DRESS UP DAY

FARM RELIEF DRESS UP DAY FRIDAY 26TH OCTOBER

On Friday 26th October the Student Representative Council (SRC) are hoping to raise awareness of the struggles that Australian Farming communities are currently experiencing.

We ask that students come dressed in 'Farm Themed' outfit, and bring a donation for a drought relief fund.



A big 'lick' of thanks for helping us raise money and awareness for this worthy cause.



Thanks

SRC

NUDE FOOD DAY

We are participating in Nude Food Day 2018!

Nude Food Day, supported by Nude Food Movers and in partnership with Nutrition Australia, creates a globally recognised day in which we can all come together and show our support towards healthy eating and waste reduction.



On **25th October** we are encouraging all students to bring fresh, healthy, rubbish free lunches to our school in support of Nude Food Day.

Nude Food Day is a chance for our students to realise what they can do for their health and the health of the planet. An event like this can give all of us at Mount Martha Primary School a taste of the benefits, ease and fun involved in packing a healthy, wrapper free lunch!

From Jayden and Scarlett (Yr 6 Nude Food Leadership Group)

SPORTS NEWS

During the school holidays, siblings Charlie H (Year 4) and Georgia H (Year 1) competed in the National Junior Table Tennis Championships held in Townsville. Charlie and Georgia were the youngest competitors to join the Victorian Junior team.

Charlie is ranked 17th in Australia and has been playing competitively for the past 15 months. He finished 9th in the under 11s boys team competition and 10th in the under 13s team event, while in singles he finished sixteenth overall in both events. Georgia has been playing competitively for 3 months and competed in the under 11s team girls competition and finished 7th overall. Both really enjoyed the experience of representing the state.

On behalf of the school, I would like to congratulate them both on their efforts. Well done !





Empowering our children and young people to make safer and healthier choices through education.

Parent Information Session: Monday 22nd
October at 9.15am in Mobile Learning Centre

Why should I attend?

- Learn about the Life Education experience in the Mobile Learning Centre
- Meet our trained health Educator
- Engage in the learning content of our programs
- Understand the importance of Life Education and our vision through education
- Understand our program outcomes and the alignment to the Australian Curriculum
- Open communication opportunities with your child in relation to their experience with Life Education
- Meet Healthy Harold



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Visit our website: www.lifeeducation.org.au/parents



Empowering our children and young people to make safer and healthier choices through education.

Parent Information

For more information, visit our website.

www.lifeeducation.org.au/parents/

The Parent hub provides further information:

- ✓ How Life Education supports your child's health
- ✓ Explore the Life Education program modules with your child
- ✓ Program modules and their alignment to the Australian Curriculum
- ✓ Healthy eating and being active
- ✓ Social and emotional health
- ✓ Lunch box ideas
- ✓ Plus more...



Parents

Our online parent resources allow parents and carers to continue this learning in the home and outside of the classroom.



Our Modules
Explore the Life Education program modules with your child.



Additional Resources
Information and Resources for Parents.

[VIEW OUR RESOURCES](#)



Latest News
Latest articles for parents.

[READ MORE](#)

Resources for Parents

Browse our wide range of articles and modules for parents. You can also filter by topic and year!

Filtering for for [FILTER](#)

Get the kids moving together
According to the latest research, school-age children should get at least an hour of exercise every day.

[VIEW RESOURCE](#)

Helping create healthy habits in kids
According to state reports, nearly 70% of children are to be released from School Physical Activity and Nutrition Survey because more than 60% of Australian children are overweight or obese.

[VIEW RESOURCES](#)

The busy parents' guide to keeping your kids safe online
Here's how to keep your kids safe online. It's not as hard as it looks, it's just a little harder. So let's make the journey a little easier and share our know-how and expertise too.

[VIEW RESOURCE](#)

Getting in early for mental health and wellbeing

Keeping children healthy and happy involves looking after their mental health as well as their physical health. Mental health is how we think or feel about ourselves and what is going on around us, and how we cope with the ups and downs of life.

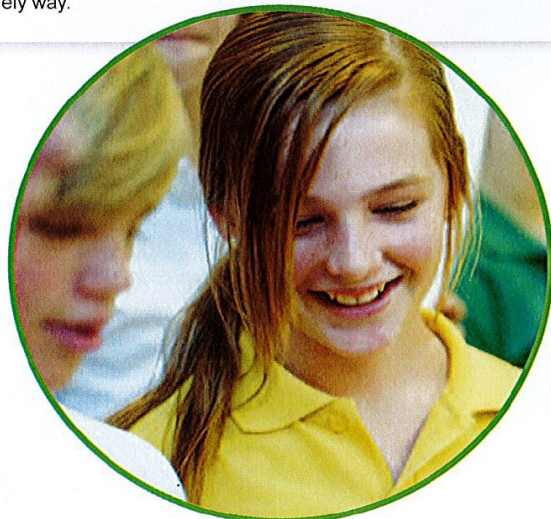
Good mental health helps us to form positive relationships with others, handle challenges and be able to generally enjoy life. With good mental health, children think positively about themselves and learn and achieve better results at school. Good mental health in childhood lays the foundations for positive mental health and wellbeing, now and into the future.

Mental health difficulties in children

Mental health difficulties affects children's behaviour, feelings, ability to learn, social relationships, as well as their physical health and wellbeing. About half of all serious mental health problems in adulthood begin before the age of 14 years. In Australia it is estimated that approximately one in seven children experience mental health difficulties. There are many ways that parents, carers and school staff can support children who are experiencing mental health difficulties. Some of these may be parents, carers and school staff working in partnership to come up with ways of supporting the child, attending information sessions on particular childhood mental health difficulties or getting a referral to a mental health professional.

Although there are many effective supports for children experiencing mental health difficulties, many children do not receive the help they need. This can happen because families are unsure of whether their child has a difficulty, or they do not know where to go or what to do to get mental health support. Schools can be an ideal place for families to access information about supporting the mental health and wellbeing of their children. Sometimes parents and carers may feel concerned about raising mental health concerns due to misunderstandings and negativity that they feel may exist about mental health difficulties.

The positive way in which families and schools support each other in relation to mental health and wellbeing will help parents and carers to seek support and assistance in a timely way.



Everyone has difficulties at times

Most people will experience mental health difficulties at some point in their life, including children. Getting help early for children's mental health difficulties is important. When children don't get help for mental health difficulties they can end up feeling bad about themselves.

They might have trouble getting on with others or struggle with their school work. It can also lead to health problems and family conflict. Problems that are not addressed can get bigger and affect children as they grow up. The earlier in life mental health difficulties are addressed, the better chance a child has at improving their long-term mental health and wellbeing.

Your child's school will have further information and resources that can help parents and carers understand more about children's mental health and wellbeing. School staff can also help you find out what children's mental health services are available in your local area.



To help parents, carers and teaching staff understand about children's mental health difficulties, KidsMatter Primary has developed a series of information sheets. Available at www.kidsmatter.edu.au, these resources provide information about children's mental health difficulties, how you can help and how you can find professional help when needed.

Mental health professionals have developed a number of very successful ways for helping children with mental health difficulties and their families. Just like taking your child to the doctor with physical health problems, it is important to get help and advice for mental health difficulties.

Helping children to be mentally healthy is a major part of caring for kids. Caring families, schools and communities working together offer strong support for children's mental health and wellbeing. Sharing knowledge about what to do and where to go for help can make a big difference to children's lives.

This resource is part of a range of KidsMatter Primary information sheets for families and school staff. View them all online at www.kidsmatter.edu.au



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FLINDERS BAKEHOUSE

LAUNCH - SAT 6PM SALTY AND THE BLUEBOTTLES

1PM CATHY DOBSON

2PM THE CALMER MILES

PIER PROVEDORE

1PM OWEN THOMAS

2PM RUBY WHITING

THE VILLAGE CAFE

1PM TAYLOR CARROLL

2PM JASON AND RACHEL

GEORGIE BASS CAFE

1PM KATHRYN BARKER

2PM ON IN FIVE

SORELLINA'S

1PM COCO MICHELLE

2PM TWISTED SISTERS AND A TOKEN BLOKE

GOLDEN BREED SURF SHOP

1PM DAN THORNELL

2PM BOOGIE

GOOD VIBES - TASTY FOOD - GREAT TOWN

MORE INFO AT FACEBOOK RHYTHMS FOR RAIN



RAP 4 RAP Project

**Saturday 27 and Sunday
28 October, 9am – 3pm**

Open to all Aboriginal and Torres Strait
Islander young people aged 12-18 and their
families living on the Mornington Peninsula.

**We want to work with young people who
like making a difference in our community.**

The Reconciliation Action Plan is about how
council can build on relationships, respect
and trust between Aboriginal and Torres
Strait Islander people and non-indigenous
Australians living on the Mornington Peninsula.

The fun part is you get to perform in a RAP
music video with the Indigenous Hip Hop
Projects. A production team will be recording
you while you perform and the finished
product will be shown when we launch the
Reconciliation Action Plan.

**Bring your family along to join in the
production! Lunch is provided.**

**For more information,
contact the Warringinee Group:**

📞 5950 1168

✉ warringinee@mornpen.vic.gov.au



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