



Mt. Martha
Primary School

Mt Martha Primary School
Principal
Mrs Karen Walker

Assistant Principal
Mr Nick Orchard

Mt Martha Primary
Contact Details
37-55 Glenisla Dve
Mt Martha Vic 3934

Reception
5974 2800

Absentee Reporting
Lodge via *Compass* parent portal

Website
www.mtmarthaps.vic.edu.au

Email
mount.martha.ps@education.vic.gov.au

Office Hours
8.30am - 4.15pm
Monday - Friday

OSHCP - Out of School Hours Care
Program
0407 438 858
Coordinator - Gillian Reid



PSW Mornington Uniform Shop
Tues - Friday 9am - 5pm
Saturdays 10am - 1pm
1/22 Watt Road,
Mornington Vic 3931
03 9768 0346
1800 337 396
Online Ordering:
www.psw.com.au

BANKSIA BULLETIN - Thursday 8th September 2022

Mt Martha Primary School strives to empower students to be active learners who make a positive impact in a changing world.

PRINCIPAL'S REPORT

Welcome - to Iona Year 3, Ella Year 5 and their family who joined our school community this week.

Father's Day Breakfast - Our Father's Day Breakfast last Friday was a fantastic morning with great attendance, terrific company, and a tasty breakfast on offer. It also was a valuable opportunity to share some quality time before school started. A huge thank you to the SEC for organising the event, all our terrific parent and staff helpers and our families for their support. This was once again a great example of our school community working together.



Year 6 Market - Congratulations also to our Year 6 students for their fantastic work planning and running the Year 6 Market yesterday. It was such a fabulous day for all students and staff to enjoyed. We are incredibly proud of how the Year Six students ran the day with assistance of their teachers. There are lots of future successful business owners in the cohort. Well done to all our other students for the way they embraced the fun of the day and were respectful customers. The market bought a real-life experience to their unit on business and economics as well as important skills in working with teams and with the community. Once again thank you parents, family members and staff for your assistance and support.



.....continued overleaf

Our Mission is to ensure high quality and engaging learning program that builds on the capability of every student.



The Mount Martha Primary School community acknowledges & pays respect to the Boon Wurrung/Bunurong people of the Kulin nation, the traditional custodians of these lands & waters.



PRINCIPAL'S REPORT continued

Footy Day - Next Wednesday 14th September we have our Footy Day. Students can dress in their team colours with a parade starting at 11.30am. Families are welcome to watch the parade. While called "Footy Day" we appreciate that our students follow teams in many sports and so can dress in those colours or uniforms as well. Thank you, SEC, for organising the footy donuts. Helpers are always appreciated as many hands make the task of preparing and distributing the donuts so much easier!

Hats On - Even though the weather may still be cool a reminder that hats are to be worn from the 1st September to the 30th April as part of the Sun Smart Policy. Please make sure hats have a legible name to allow them to be returned if they are lost. Only broad brimmed or legionnaire hats are part of our Sun Smart policy - no baseball style caps please. Thank you.

Lost Property - We are nearing the end of the term and our collection of Lost Property is starting to build. If your child has lost an item, there is good chance it will be in Lost Property which is located near the rear doors to the Administration wing. Timely also to check that all items are named and that the name is still legible. Thank you for your assistance as we are keen to reunite lost property back with its owners.

Last Day of Term - A reminder that **Friday 16th September** is the last day of term 3 with a **2.30pm dismissal time**. Term 4 commences on Monday 3rd October. We will be having an end of term assembly at 9.15am on Friday September 16th.

Leaving Mount Martha Primary School in 2022 - A reminder to please let the Office know if you are leaving Mount Martha Primary School at the end of this year. This assists with our planning for 2023. Thank you.

Emergency Contact - In the event of an emergency concerning the school during the school vacation or out of school hours please contact the Department of Education Emergency and Security Management on 1800 126 126. They will in turn contact the appropriate staff. Thank you.

Important Dates in Term Four Advanced Notice - For Semester Two with the signing of the new Victorian Government Schools Agreement, the Department of Education and Training has provided schools with two Professional Practice Day. The department has requested schools hold one of the two professional practice days on the same day for all staff. The second professional practice day was taken by staff on individual days replaced by casual replacement teachers this term.

We have scheduled our Professional Practice Day for Term Four on **Friday November 18th** for all staff. Students will therefore not be required to attend school on this day. Our OHSCP will be available on this day. More information on bookings will be available early next term.

Network Somers School Camp - Every two years our school is offered a limited number of places at the Department of Education and Training Somers School Camp. Our camp in 2020 was cancelled due to COVID restrictions This year our allotted time is from 18/10/2022 until the 26/10/2022. We had 65 students' express interest in attending. We have been allocated ten places five boys and five girls. We will draw names from a hat and then number them from 1 to 65 to allocate the positions. Children who gain selection from our school will join with 160 Year Five and Six children from our school district in this very special Outdoor Education and Personal Development Program.

[Recap of Previous Newsletter Articles](#)

2022 Parent Opinion Survey - Will be available for families to complete until **Friday 16th September**. We are inviting all school families to complete the survey. Parent opinions will be communicated through the Annual Report, School Newsletter and the School Council. Results will be used to inform our school's planning and continuous improvement agenda. Please take the time to complete the survey as your opinions are important to us and will contribute to the future management and organisation of our school. Thank you to those who have already completed the survey.

Warm regards

Karen Walker

SCHOOL NOTICES

Dates to Remember Coming Events



SEPTEMBER

Thursday 8th
School Council Meeting Tonight
6.45pm in Staff Centre



Friday 9th
Prep Planning

State Boys Netball Finals
9.00am - 3.30pm
Waverley Netball Centre, Wheelers Hill

Wednesday 14th
Footy Day Dress in your team colours
Pre-ordered Donuts from Rebel
NO GOLD COIN REQUIRED



Thursday 15th
Prep Kingswim Mornington
OD 10 - 10.30am
OB 10.30 - 11.00am
OC 11 - 11.30am
OA 11.30 - 12.00pm

Friday 16th
Last day of Term 3.
Early dismissal time 2.30pm



Whole School Assembly
9.15am in Gym



OCTOBER

Monday 3rd
First Day of Term 4



Wednesday 9th
Prep - Year 6 Life Education commences today
05A, 05B & 05C

Thursday 10th
Prep - Year 6 Life Education
05D

Friday 11th
Prep - Year 6 Life Education
03A

COMPASS EVENT PAYMENT/CONSENT CALENDAR



Parents are reminded to log into the Compass Parent Portal to consent and/or pay by the due date.

Please let the office know if your child will be away and/or will not be attending the event.

Thank you.

| 2022 EVENTS | COST | CLOSING DATE |
|---------------------------------|-------|--------------|
| Year 3 Briars Camp | \$240 | 3/10/2022 |
| Division Girls Volleyball | NA | 10/10/2022 |
| Division Girls Basketball | NA | 11/10/2022 |
| Division Boys & Girls Hot Shots | NA | 13/10/2022 |
| Division Boys & Girls Softball | NA | 14/10/2022 |
| State Table Tennis | NA | 14/10/2022 |
| Boys Division Kanga Cricket | NA | 17/10/2022 |

TERM DATES: 2022

Term 3 11th July to 16th September
(Monday 11th July Student Free Day)
Students return Tuesday 12th July

Term 4 3rd October to 20th December

TERM DATES: 2023

Term 1 27th January to 6th April

Term 2 24th April to 23rd June

Term 3 10th July to 15th September

Term 4 2nd October to 20th December



MT MARTHA PRIMARY SCHOOL BOOKLIST



ONLINE ORDERING INSTRUCTIONS

PLEASE READ CAREFULLY as the process may have changed from previous years

DUE DATE: 3 DECEMBER 2022

- All Packs will be **Home Delivered** to your nominated delivery address during December/January.
- Orders **must be placed by the due date** in order to guarantee delivery before the first day of Term 1.
- Orders placed after the due date **may not be processed until early February due to our extremely busy schedule in January.**
We will do our best to deliver your order in time, but is only **guaranteed** if placed by the due date. We apologise if you are a new enrollment or missed the due date due to unavoidable circumstances but the school is aware your pack may not be ready on the first day of school, so your child should not be disadvantaged.
- A packaging and delivery charge of \$8 is included in the cost of the pack. Orders placed after the due date will incur an additional \$8 late fee.
- Complete packs only can be ordered through Paperchase. We do not have a walk-in shop and individual items cannot be purchased. All orders must be placed online.

Please note our delivery drivers cannot deliver to PO Boxes - a physical address is required.

AUTHORITY TO LEAVE will automatically apply to all orders

If you have particular requirements - e.g. are away on holidays for a specific period, or have a particular place you'd like the parcel left, please note this in the Order Instructions/Notes section on the checkout page.

Online Ordering Procedure

1. Go to <http://booklist.paperchase.com.au>
2. Enter this School Access Code: **BTSMTMARTHA**
Access code must be entered. Searching for school will not work
3. Click 'Create Order', Enter students first and last name, choose year level from the drop-down list and follow the prompts to place your order.

Please check your E-mail for order receipt. *If you do not receive email confirmation, please contact Paperchase directly to confirm your order was placed correctly.*

PLEASE NOTE: Payment must be made during the online ordering process, by **Visa or Mastercard** (credit card or debit card accepted). ZIP Pay also available*

* ZIP -Interest free, nothing to pay upfront, flexible repayments. You will need an active Zip account. Conditions apply:
<https://zip.co/create-an-account>

If you elect not to purchase the booklist through Paperchase please ensure children come to school on the first day with the required materials.

SPORTS NEWS

MORNINGTON DISTRICT ATHLETICS

What a fantastic day we had at the Mornington District Athletics Carnival last Wednesday. The weather was absolutely sublime which made for a great day at the track. Our Mt Martha team were amazing at all events throughout the day.

It was so nice to see all our students supporting all age groups as they hit the track running, cheering them down the 100m straight and as well as showing school comradery for the results at the field events. You could tell that everyone felt like a team at the event.

As we got down to the final events of the day, we could see a large amount of ribbons from those that had placed 1st, 2nd and 3rd in their events and were looking dangerous coming into the 100m relays. With plenty of determination, we managed to get 5 out of 6 teams through to the next level of competition in the Relays.

In saying this, we had a huge amount of students progressing through to the Division Carnival next term after finishing 1st or 2nd in their events. Good luck to the 30 students representing Mt Martha and the Mornington District.

As per all Mornington District events, points are awarded for efforts in every event across the whole day. At the conclusion of the day Mt Martha Primary School finished as **DISTRICT CHAMPIONS**.

Thank you to Mr. Whelan and Mrs. Richards for supporting me and the students at the event, Bec & Bella who helped out at the recording table & all the parents that could make it down to support not only their own child but also the whole school team.

SSV STATE NETBALL CHAMPIONSHIPS

I would like to wish Mrs. Doye and the boy's all the best for tomorrows State Championship in Boys/Mixed Netball. I'm sure that they will all show great sportsmanship and represent Mount Martha Primary School with pride. I will have a full report and hopefully amazing news in next week's newsletter. GOOD LUCK BOYS

REBEL COMMUNITY KICKBACKS PROGRAM

Our school has been selected to participate in the Rebel Community Kickbacks Program. Under this program, the school can earn 5% of your purchases at Rebel Sports Mornington as in-store credit to spend on our school sports programs.

All you need to do is join [Team Rebel](#), select our school from the list of participating groups and swipe your loyalty card every time you make a purchase at Rebel Sport Mornington. You'll receive access to great member prices and other benefits and the school will receive a 5% credit from everything you spend. Thanks for your support.

Cameron Sweatman

PE Teacher

Mornington District
PREMIERS
ATHLETICS
2022
SCHOOL SPORT
VICTORIA™



 Mt. Martha
Primary School
Learning and Growing Together



2023 TERM 1 IMPORTANT DATES

| | |
|-------------------------------|--|
| YEAR 1 - 6: | Commence 9.00am Tuesday 31st January 2023 |
| PREP INTERVIEWS: | Tuesday 31st January, Wednesday 1st February and Thursday 2nd February Parents please attend with your child |
| PREPS START SCHOOL: | Friday 3rd February 9.00am - 2.15pm |
| PREPS START FULL DAYS: | Monday 27th February 9.00am - 3.30pm |
| FEBRUARY OSHCP: | OSHCP offers a service for parents requiring care for their Prep children during these 4 weeks of early finish times. To register for this service please contact Gillian Reid on 0407 438 858. |
| SUNSMART POLICY: | Everyone is encouraged to be SUNSMART and the wearing of hats is compulsory until May 1st. Parents should supply their child with sunscreen to be kept in their school bag. |
| UNIFORM SHOP: | PSW School Uniform Shop Located at 1/22 Watt Rd, Mornington Vic 3931 1800 337 396 Trading Hours: Tuesday to Friday 9.00am - 5.00pm & Saturday 10.00am - 1.00pm Online orders: www.psw.com.au |
| BANKSIA BULLETIN: | The next publication of the Banksia Bulletin will be on Thursday 2nd February 2023 |



MT MARTHA
BASKETBALL

SUMMER
SEASON
STARTING
TERM 4

ATTENTION

Is your daughter or son interested in playing basketball?
OR COULD THEY BE?

Basketball improves the overall behavior and performance of young children, teaches them teamwork and persistence and also brings the community together. And it is so much FUN!

**WE ARE LOOKING FOR
PLAYERS**

ALL AGES WELCOME

BUT SPECIFICALLY
GIRLS BORN
2016 / 2017

BUT SPECIFICALLY
BOYS BORN
2015 / 2016 / 2017

Please email caraf@mtmarthabasketballclub.com.au to express your interest



Moonlit Sanctuary

the best way to see Aussie animals

GO WILD THESE SCHOOL HOLIDAYS AT MOONLIT SANCTUARY KEEPER CLUB

Kids enjoy environmental activities, animal encounters and native animal care.
The day includes interactions with dingoes, pythons, feeding animals and food prep, and animal enrichment activities. Learn about our animals, their conservation and the environment.

For ages 7-14 years.



Spring 2022 School Holiday Program Dates:

Monday 19th, Tuesday 20th, Wednesday 21th, Thursday 22th September

Monday 26th, Tuesday 27th, Wednesday 28th, Thursday 29th, Friday 30th September

Cost: \$99.00 per day | Small groups of 16 children | 9:30am start - 2:30pm finish

Bookings are essential as spaces are limited to 16 per day

Moonlit Sanctuary Wildlife Park

550 Tyabb-Tooradin Rd, Pearcedale | Phone 5978 7935

www.moonlitsanctuary.com.au

Open daily between 10am and 4pm. Keeper Club runs from 9:30am-2:30pm.





MYGOLF

Golf for girls and boys from 6 to 12 years

3 sessions

Sunday from 4 – 18 September
between 9 to 10am

This program includes learning basic golf skills, fundamental movement skills, and life skills. A shorter program providing the perfect opportunity and introduction to golf at Mt Martha.

SCHOOL HOLIDAY PROGRAM

Golf for girls and boys from 6 to 14 years

1 session

Friday 23 September
between 9.30 to 11.30am

Join in for some fun and games at the golf course during the school holidays. All equipment provided just bring a hat and drink!

MYGOLF


Golf for girls and boys from 8 to 14 years

6 sessions

Sunday 9 October to 13 November
between 9 to 10.30am

This program includes learning intermediate to advanced golf skills, fundamental movement skills, and life skills. Sessions run for 90 minutes and most program activities will be conducted on the golf course, not practice facilities! All equipment provided.

Come and be part of our highly acclaimed and accredited MyGolf programs with lots of fun and games in a safe environment.

Registrations:
 golf.org.au/mygolf

MOUNT MARTHA
PUBLIC GOLF COURSE
MORNINGTON PENINSULA SHIRE


**MORNINGTON
PENINSULA**
Shire

SCHOOL HOLIDAY NEWS



OSBORNE PRIMARY



8:00AM START
6:00PM END

PLEASE
ARRIVE BY 9AM
ON EXCURSION DAYS



IN-HOUSE



IN-CURSION



EXCURSION

| 19 th SEPT · MON | 20 th SEPT · TUE | 21 st SEPT · WED | 22 nd SEPT · THU | 23 rd SEPT · FRI |
|---|--|---|--|---|
| | | | | |
| COMIC BOOK HEROES | BOOMWHACKERS | KIDZ SHED PLAY CENTRE | FINALS FRENZY | |
| + GRASSHOPPER PEGS | + CRISS CROSS | + SPIDER BALL | + BOX MAZE | |
| Today, we're transforming into state of the art storytellers with Comic Book Heroes! We'll switch on our imaginations, pick up a few pencils & create awesome cartoon storyboards to take home. | Have you heard? TeamKids is playing with Boomwhackers! We'll learn to use colour-coded, plastic percussion tubes to create a perfectly pitched song. Then, we'll each take a tube home to continue the fun. | TeamKids is set for a tonne of fun at KIDZ Shed Play Centre! Today, we'll zoom down the endless slides, crawl through the maze of tunnels & climb to the tallest tower. *Socks required. | There's a Finals Frenzy at TeamKids & we're celebrating all things SPORTS! So, come dressed in your favourite guernsey or team colours as we jump into a day of sporting madness with games galore & more! | |
| Base Fee \$80.00 Exp Fee** \$18.00 Daily Total \$98.00 After Max CCS* \$14.70 | Base Fee \$80.00 Exp Fee** \$21.00 Daily Total \$101.00 After Max CCS* \$15.15 | Base Fee \$80.00 Exp Fee** \$27.00 Daily Total \$107.00 After Max CCS* \$15.05 | Base Fee \$80.00 Exp Fee** \$8.00 Daily Total \$88.00 After Max CCS* \$13.20 | |
| 26 th SEPT · MON | 27 th SEPT · TUE | 28 th SEPT · WED | 29 th SEPT · THU | 30 th SEPT · FRI |
| | | | | |
| TALK LIKE A PIRATE | FIREFIGHTING INFERNO | MIXED TAPE | MOVIE - DC LEAGUE OF SUPER-PETS | DOG DAZE |
| + DIY HOCKEY KIT | + WALKING SPIDERS | + PIGS MIGHT FLY | + CHARADES RELAY | + PUPPY CUSHIONS |
| Ahoy, me hearties! Today, let's Talk Like a Pirate at TeamKids. There will be fun & excitement beyond measure as we make Pirate Hooks, create DIY Pirate ships & play Steal the Treasure. | Let's stop, drop & roll into TeamKids because it's a Firefighting Inferno! We'll learn all about the strength & agility needed to become a firefighter through different games & challenges. *Closed-toe shoes required. | We'll be transfixed with an old school Mixed Tape at TeamKids! This all-singing, all-dancing workshop will combine the best songs with some of the most iconic dance moves of all time. *Closed-toe shoes required. | KA-PAW! We're off to the movies to see DC League of Super-Pets. We'll em-BARK on an adventure with Krypto the Super-Dog as he harnesses his newfound superpowers. *Allergy alert, packet popcorn provided. *PG rated film. | The fun at TeamKids will last FUR-ever with Dog Daze! Today, we're celebrating our favourite fluffy friends as we make 3D Dog Walkers, Origami Puppies & play the British Bulldog game. |
| Base Fee \$80.00 Exp Fee** \$8.00 Daily Total \$88.00 After Max CCS* \$13.35 | Base Fee \$80.00 Exp Fee** \$17.00 Daily Total \$97.00 After Max CCS* \$14.55 | Base Fee \$80.00 Exp Fee** \$16.00 Daily Total \$96.00 After Max CCS* \$14.40 | Base Fee \$80.00 Exp Fee** \$30.00 Daily Total \$110.00 After Max CCS* \$18.46 | Base Fee \$80.00 Exp Fee** \$8.00 Daily Total \$88.00 After Max CCS* \$13.20 |



*Child Care Subsidies may apply. \$5 Admin Fee per family. \$5 Late Fees apply within 7 days per child. Payment plans available. | **Experience/Activity Fee. Programs may be subject to change. Third Party Payment Fees apply. See Terms and Conditions for cancellation policy



FIND A VENUE
teamkids.com.au/venues

CHOOSE YOUR ADVENTURE
Book Today!

TEAMKIDS.COM.AU

1300 035 000



MORNINGTON PENINSULA LIBRARIES

- September Edition -

STAY INFORMED. STAY CONNECTED.

Explore amazing adventures in science, nature, culture, archaeology, and space with **Nat Geo Kids** and your library card! Best suited for children aged 6 to 14.

LET ME BE MYSELF - THE LIFE STORY OF ANNE FRANK



2 September to 17 October

An exhibition reflecting on the life and legacy of Anne Frank during the Holocaust is introducing her story to a whole new generation and holds lessons still as powerful as ever.

Making use of large size pictures, the exhibition features a reproduction of the original diary, photographs of Anne's young life, and World War II Memorabilia.

This exhibition bought to us by the ANNE FRANK STICHTING (Foundation) will be on display at Mornington Library from **2 September to 17 October FREE - No bookings required.**

CONNECT WITH US

- facebook.com/ourlibrarymornpen
- @morningtonpeninsulalibraries
- ourlibrary.mornpen.vic.gov.au



Story Box Library is an amazing online 'reading room' where kids can connect, engage and be inspired by a range of quality Australian stories read on film by some of your favourite actors, singers and sports stars!



Spring into our Library!

Join us at Mornington Peninsula Libraries for our Spring school holiday program, 19 – 30 September 2022

The Charlie Sillypants Show (Ages 3-12) Rosebud – Tues 20 Sept, 11am

African Drumming Workshop (Ages 7-12) Rosebud – Wed 21 Sept, 2.30pm

Drawing workshop with author/illustrator Nicky Johnston (Ages 6-10)
Mornington – Wed 28 Sept, 11am and Hastings – Wed 28 Sept, 2pm

Weave your own Spring Yarn Critter (Ages 5-10)
Mornington – Tues 20 Sept, 2pm and Rosebud – Thurs 29 Sept, 2.30pm

Plus so much more! Bookings are essential and places are limited.
Bookings open 9am, Monday 5 September

ourlibrary.mornpen.vic.gov.au/events

ADVERTISING



CLEVERDON CABINETS
KITCHENS, BATHROOMS & LAUNDRIES

(03) 9775-0506
cleverdoncabinets@hotmail.com

Alf Cleverdon 0412 264 097
Paul Cleverdon 0438 264 097

12/9 Elite Way
Carrum Downs 3201
www.cleverdoncabinets.com.au



Mount Martha School of Dance

ENROL NOW FOR TERM 1

KINDER DANCE
R.A.D. CLASSICAL
JAZZ / HIP HOP

CONTEMPORARY
VCE DANCE
ACROBATICS

OFFICE: 5974 1498

www.mountmarthaschoolofdance.com.au
facebook.com/mtmarthaschoolofdance
instagram.com/mtmarthaschoolofdance



Stirling Tennis Coaching
Mt Martha Tennis Club

ENROL NOW

- Hot Shots Holiday Clinics
- School age groups 3.45 & 4.30pm
- Kinder classes 10.30am weekdays
- Cardio Tennis most days 9.30am

0411 082 723
slingard8@bigpond.com



LAKES BUSHLAND
CARAVAN & LIFESTYLE PARK

- Kids Stay FREE!
- Nicholson, East Gippsland
- 15 Mins From Lakes Entrance
- Cabins, powered & unpowered sites
- Pet Friendly
- Owned by a Mt Martha family

02 5156 8422
363 Stephenson Rd, Nicholson
www.LakesBushland.com.au



LEARN TO SWIM

We teach tiny tots to big kids

Claim your free introductory lesson and free pair of bathers*
Call us on 5975 0777

kingswim
Mornington
kingswim.com.au

DR PETER SCOTT ORTHODONTIST

Children & Adult Specialist Orthodontist

Creating Beautiful Smiles

13 Beach St, Frankston 3199 9789 4511

<http://www.drpeterscottorthodontist.com.au/>



BONACCORDE

AGENCY OF THE YEAR
agent of the year awards
SUBURB WINNER 2022

WE'RE HERE TO SUPPORT YOU IN YOUR PROPERTY JOURNEY 5974 8900



south beach PROJECT

Open Friday to Monday for breakfast & lunch, from 8am.

A stunning, idyllic beachside event space is available for all your special occasions - birthdays, anniversaries, engagements, corporate events & more.

www.southbeachproject.com.au



Victorian Boat Training

NEED YOUR BOAT OR JETSKI LICENCE?

Call Michelle
0413 432 264

Did you know you can get your restricted boat licence at age 12?

book at www.victorianboattraining.com.au



The Property Bureau
www.propertybureau.com.au

Expertly guiding you through your next property transaction
Buyer and Vendor Advisory for your home or investment property
Boutique Property Management

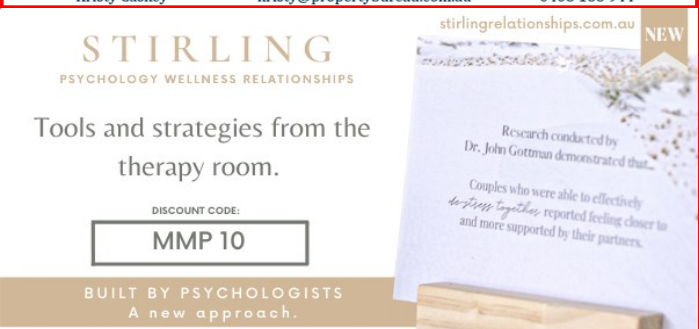
Kristy Caskey kristy@propertybureau.com.au 0408 166 944



Mount Martha Preschool
Where children are seen & heard

Offering 3 and 4 year old kindergarten programs in a beautiful bushland setting.

Mount Martha Preschool | P. (03) 5974 2065
35 Watson Road, Mount Martha VIC 3934 | E. mount.martha.kin@kindergarten.vic.gov.au
facebook.com/MtMarthaPreschool/



STIRLING
PSYCHOLOGY WELLNESS RELATIONSHIPS

Tools and strategies from the therapy room.

DISCOUNT CODE:
MMP 10

BUILT BY PSYCHOLOGISTS
A new approach.

stirlingrelationships.com.au

Research conducted by Dr. John Gottman demonstrated that...
Couples who were able to effectively *de-stress* together reported feeling closer to and more supported by their partners.